







Connected
Through Community

2026

IMPACT REPORT







YMCA of Greater Nashua

Our Mission

To instill the values of caring, honesty, respect, and responsibility by providing opportunities for lifelong personal growth, nurturing youth potential, improving community well-being, and fostering social responsibility to develop a healthy spirit, mind, and body for all.

Platinum Transparency 2026
Candid.

Charity Navigator
FOUR-STAR
2026

2026 BEST of the BEST
WINNER

ACCREDITED BY
PRAESIDIUM
2026-2029



LEADERSHIP

Board of Directors

Served the Y in the 2025-2026 fiscal year

OFFICERS:

Jack Olson	Chief Volunteer Officer
Rob Prunier	Vice Chair
Kyle Morse	Secretary
Deborah Novotny	Treasurer
Andrew Whigham	Past President

MEMBERS:

Patricia Burns	Shannon Levesque
Charles Dobens	Anna O'Herren
Zachary Gessner	Andrew Piela
Alix Raspé Gray	Rebecca Sartor
Erik Gray	Julie Simek
Gregg Gordon	Amir Toosi
Marnie Gordon	Rosmery Torres
Jennifer Gureckis	Laura Uribe
Martha Hart	Susan Whittemore

Board of Trustees

Served the Y in the 2025-2026 fiscal year

OFFICERS:

Andrea Riley Arnesen	Chair
Jennifer Melker	Vice Chair

MEMBERS:

Marsha Bottino	David Mahoney
Albee Budnitz	Jay Maiona
Greg Derderian	Tony Mandravelis
Nelson Disco	John Mokas
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Paul Edmunds	JJ Poirier
Nicole Ennis	Earl Prolman
Lydia Foley	Ben Robinson
Peggy Gilmour	Kyle Schneck
Morgan Hollis	Bob Shepard
Cory Hussey	Joseph Thomas
Donna Karwoski	Tony Tremblay
Peter LaQuerre	Timothy Vadney
Jim Leary	Ken Weintraub
Tom Long	

Mission Support Leadership

Joseph W. Manzoli, Jr.	Chief Executive Officer
Cynthia McNickle	Chief Financial Officer
Jennifer Colangelo	Chief Human Resources Officer
Karen Meyer	Chief Experience Officer
Michelle Beeny	Vice President of Philanthropy
Lynne Boyer	Vice President of Community Impact
Carlisa Choate	Vice President of Youth Development and Achievement
Robin Ducharme	Vice President of Program Innovation and Quality
Edward Glomb	Director of Facilities and Risk Management



YMCA FAMILY & FRIENDS

A Letter from the CVO & CEO

When community members came together in 1887 to form a YMCA in Nashua, they faced new technology bringing both promise and disruption, an economy in which some thrived while others struggled, and a community fabric fraying at the edges. They saw the Y as a place to strengthen the foundations of community. Nearly 140 years later, that remains our calling: to be a place where people find their footing and one another.

This was a year of transition, and it was carried out with care. After four decades of service, Mike LaChance retired, and on September 1, the Y welcomed its next CEO. Leadership changes like this can unsettle an organization. Ours has been steady because it rests on a strong board, a dedicated staff, and a community that believes in this YMCA. We are deeply grateful to Mike for his remarkable legacy and for the thoughtful handoff he made possible.

That steadiness showed in what we all accomplished together:

- **A new home for our youngest learners.** We completed the renovation of our child care center, now the largest YMCA child care center in the country.
- **More than $1.5 million raised.** Our donors invested in scholarships, program support, and capital improvements that will serve families for years to come.
- **A stronger voice for our community.** Our nationally recognized public policy work expanded, and we hosted multiple elected officials to see the Y's impact firsthand.
- **An unwavering commitment to child safety.** As one of the first YMCAs to achieve Praesidium Accreditation, we continue to set the standard for protecting the children in our care.
- **A leadership team built for today's Y.** We restructured our senior leadership to meet the needs of the people we serve now and in the years ahead.

This fall, we began to look ahead. Our board and staff gathered to start a new strategic plan that looks ten years into the future, to 2037 and the 150th anniversary of our Y. It focuses on how we will help people achieve, connect, and belong across the 13 communities we serve. At a time when so many in our community feel isolated, our YMCA is positioned to be the place where toddlers and grandparents, longtime members and new neighbors, and people from every walk of life share the same space. We look forward to sharing the plan and inviting you to join us.

In the pages that follow, you'll find the stories and results of a year you helped make possible. None of this happens alone. The more than 40,000 people we serve each year count on the generosity of our donors, the time of our volunteers, and the commitment of our staff.
To each of you: thank you.

In 1887, a group of neighbors began the climb because they believed this community was worth investing in. As we look toward our 150th, we're asking you to make that same choice. Let's climb together!



Jack Olson
Chief Volunteer Officer



Joseph W. Manzoli, Jr.
Chief Executive Officer


DAC
MERRIMACK
M




arena


SHINE
DANCE FITNESS




EAGLE PRIDE
ELM STREET
MIDDLE SCHOOL


TRIANGLE CREDIT UNION






YOU MAKE A DIFFERENCE
LIVESTRONG ALUMNI
The Y. For a better us.
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LIVESTRONG ALUMNI
The Y. For a better us.

POWERED BY POSSIBILITY

Community generosity helps remove financial barriers, expand access to Y programs, and create opportunities for everyone to belong.

At the YMCA of Greater Nashua, we believe everyone deserves the opportunity to thrive. Through meaningful relationships, personal achievement, and a sense of belonging, we bring people together across generations and backgrounds to build a stronger community.

As a 501(c)(3) volunteer-founded and volunteer-led organization, the Y strengthens social connections, builds support networks, and encourages community investment. Our work helps reduce loneliness and isolation, foster resilience, and support a more inclusive Greater Nashua region while easing demands on local government.

Membership dues and program fees support daily operations, while charitable giving from individuals, businesses, and grant funders helps make programs and services accessible to people of all income levels. In fiscal year 2025–26, the Y provided $1,464,000 in financial assistance and essential services, helping ensure cost is not a barrier to participation, personal growth, or connection.

Through programs and partnerships, we expand access to wellness, health services, educational enrichment, child care, arts and humanities, and teen leadership. These opportunities help children, individuals with disabilities, older adults, and families develop skills, build relationships, and feel valued. Whether a child is discovering new strengths, a teen is finding their voice, or a family is finding support, the Y creates opportunities to achieve, connect, and belong.

Together with our funding partners, we invested $478,000 in strengthening our community. Through free programs such as Power Scholars Academy, LIVESTRONG® at the YMCA, and Prescribe the Y, along with support for local nonprofits, we help close opportunity gaps and connect people with resources that make a lasting difference.



Every day, the Y invests in people and the connections that bring us together. With the support of our community, we are creating more opportunities for everyone to feel supported, reach their potential, and contribute to a better us.

$1,464,000

in community benefits and services to those in need in our community



$986,000 awarded in Y Cares financial assistance to help children, adults, and seniors access Y programs and services. This support makes quality childcare, after school care, and summer camp more affordable, creating more opportunities for people of all ages to achieve, connect, and belong.

$478,000 invested together with our funding partners to build a stronger, healthier community where everyone has the opportunity to thrive. Through free programs like Power Scholars Academy, LIVESTRONG®, and Prescribe the Y, along with support for local nonprofits, we help close opportunity gaps, improve well-being, and bring people together to create a better us.

Measuring Impact

Our YMCA is stronger because of the people who choose to give their time, talents, and hearts to our community.

This past year, **636** volunteers gave **5,340** hours of service to help create meaningful experiences, support our programs, and make the Y a place where people can connect and belong.

















OUR IMPACT

At the Y, everyone has a place to belong, opportunities to grow, and the support to discover what's possible.

MEMBERSHIP

25,482

Y members served across the Greater Nashua community.

12,919

Youth under 18 served by the Y.

43,000

Individuals reached through programs, membership, and community initiatives.

6,918

Seniors staying active, connected, and engaged through Y programs.

PROGRAMS

1,925

Youth, teens, and adults connecting through sports.

150

Participants taking part in adaptive programs.

180

Youth building perseverance through STORM Swim Team.

664

Expressing themselves through music and movement at the Y.

3,000+

Building essential water safety skills through Y swim lessons.

SUMMER CAMP

1,477

Campers making memories, building skills, and exploring creativity at Y summer camps.

CHILDCARE

995

Children finding connection, care, and a place to belong through Y Academy.

PARTNERSHIP

5,340

Volunteer hours given to strengthen our community.

636

Volunteers giving their time and talents to the Y.

$224,043

Market value of volunteer hours given to the Y.

155+

Community partners helping make a greater impact.

COMMUNITY PROGRAMS

155+

Cancer survivors finding connection through LIVESTRONG® & alumni events.

63

Parkinson's patients increased energy and mobility through Pedaling for Parkinson's.

30

Youth participated in Prescribe the Y to combat childhood obesity.

271

Youth built academic, social, and leadership skills through Power Scholars Academy.

Youth Development

Growing Into What's Possible

A PLACE TO BELONG

When Mary first began her journey to adopt a child and become a parent, she never imagined that her local YMCA would become such an integral part of that journey, supporting both her growth and her daughter's.

A few years ago, while living in Boston, Mary made the life-changing decision to adopt. As she navigated the process, she recognized key differences between adoption systems in New Hampshire and Massachusetts and chose to relocate. She was soon presented with photos of children available for adoption. One photo stood out immediately, her future daughter, Zayla.

When the two met, Mary was instantly struck by Zayla's intelligence, humor, and joy, qualities that shone brightly despite the hardships she had already endured. Not yet five years old, Zayla had spent significant time in the foster care system and faced challenges no child should have to experience.

Soon after welcoming Zayla into her home through foster care, Mary turned to her community for support. Several organizations pointed her toward the YMCA, noting that its programs might be a strong fit for Zayla's needs. Their first step was simple: spending time together at the pool. Although Mary was familiar with the Y, she quickly discovered that it offered far more than she had ever realized.

Zayla initially enrolled in Camp Sargent, but it became clear that the full-day outdoor environment wasn't the best fit. Senior Director of Programs, Tiffany Joslin worked closely with Mary and Zayla to find a better option within the organization. Together, they identified Little Investigators, a half-day preschool camp program at the Nashua branch.

The difference was immediate. Zayla felt more comfortable, and Mary was deeply appreciative of the staff's willingness to adapt and meet her daughter where she was. She was also impressed by the wide variety of activities available through the program, opportunities that allowed Zayla to explore interests she might not otherwise have encountered.

From there, Zayla began trying new activities like basketball, swimming, and gymnastics. She joined the Merrimack Y's Before the Bell program for morning care and later enrolled in Y Academy, the after-school program. Since then, Zayla has truly blossomed, building friendships, forming meaningful connections with staff, and gaining confidence.

"Every person I've come in contact with at the Y seems to truly love what they do and genuinely care," Mary shared. "I'm amazed by the staff and their commitment. The best part of my day is picking Zayla up and seeing what she's doing in the program."

Mary also emphasized her appreciation for the trauma-informed care practiced by YMCA staff, noting how essential it has been to Zayla's success. "Not every place focuses on that," she said.

And perhaps the most powerful reflection comes from Zayla herself, who simply says: "I finally found a place where I belong."



> "I finally found a place where I belong."

Zayla, age 5
Adopted by Mary, she found sense of belonging at Y Academy.

A COMMITMENT TO CHILD PROTECTION

The YMCA of Greater Nashua has earned Praesidium Accreditation®, a nationally recognized distinction that demonstrates the organization's commitment to the highest standards of abuse prevention and safety.

To achieve accreditation, the YMCA of Greater Nashua underwent a comprehensive review of its policies, screening and selection practices, training programs, monitoring and supervision procedures, feedback systems, response protocols, and administrative practices. The accreditation is valid for three years and represents an ongoing commitment to maintaining safe environments and strengthening organizational practices.

"At the Y, accreditation is more than meeting a standard. It reflects our commitment to creating an environment where children feel safe, seen, heard, and valued," said Carlisa Choate, Vice President of Youth Development and Achievement. "Our staff, volunteers, and leadership work together every day to build that culture of safety and care."

Jennifer Colangelo, Chief Human Resources Officer, emphasized that safety extends beyond policies and procedures. "Protecting those who place their trust in us is not simply part of our work. It is at the heart of who we are and what we stand for."



The YMCA of Greater Nashua serves thousands of individuals and families throughout southern New Hampshire through programs focused on youth development, healthy living, and social responsibility. From early learning and afterschool programs to wellness initiatives, camps, and community outreach, the YMCA remains committed to protecting those it serves and creating an environment where everyone feels safe, respected, and valued.

ACCREDITED BY
PRAESIDIUM
2026-2029

CREATING NEW SPACES FOR GROWING MINDS

The YMCA of Greater Nashua marked the completion of a major renovation and expansion of its Y Academy Early Education Center at the Merrimack YMCA on Wednesday, Feb. 4th with a ribbon-cutting ceremony attended by Governor Kelly Ayotte and multiple state and local leaders.

The project expands the Early Education Center to 19 classrooms, serving approximately 395 children from six weeks through kindergarten – making it the largest single-site childcare program in New Hampshire and the largest YMCA childcare center in the nation. Yet while the expansion added 23 new full-time equivalent childcare slots, the center continues to maintain a waitlist of more than 130 children, underscoring the ongoing shortage of affordable, high-quality childcare. In fact, the state of New Hampshire faces a significant childcare gap, with an annual shortage of more than 9,100 childcare slots statewide and an average of 17,300 workers sidelined each month due to a lack of childcare options.



"This transformation reflects what happens when mission, community support, and smart investment come together," said Joe Manzoli, CEO of the YMCA of Greater Nashua. "Our goal is to ensure that our facilities reflect the quality of care, curriculum, and people who make this center so special."

Healthy Living

A Stronger Way Forward

FINDING HOPE, BALANCE AND BELONGING

When Rebecca Hurst first walked through the doors of the YMCA in 2021, her goal was simple: move more and lose weight. After a knee replacement, she knew she needed an environment that felt safe, supportive, and adaptable. What Rebecca didn't expect was that the Y would become a place of transformation, physically, emotionally, and socially.

Rebecca began her journey in the pool, taking classes that allowed her to move comfortably while rebuilding strength. It was there that she met Brooke Arthur, an instructor whose welcoming style and thoughtful approach made an immediate impression. Rebecca followed Brooke from the pool into studio classes, gradually expanding her comfort zone and confidence.

After about a year and a half of consistent participation, Rebecca took a short break from the Y. When she returned three weeks later, she noticed a striking difference, her overall ability had declined. That moment reinforced how vital movement had become in her life.

Rebecca transitioned into Healthy Living classes, specifically Enhanced®Fitness, where she found something she deeply valued: smaller classes, individualized attention, and peers facing similar challenges. "The way the Y is responding to the increasing presence of aging adults, I think that's a wonderful thing to do," she shared. The classes weren't just exercise; they became places where relationships and informal support networks grew.

After multiple sessions, Rebecca realized she was struggling with fatigue, breathing, and balance. She mentioned her concerns to Brooke, who listened carefully and referred her to a balance-focused program called Moving for Better Balance, where staff took the time to explain available classes and support.

After two sessions, she began noticing improvements in everyday movements, navigating her home with more confidence. Being offered the class at no cost meant more than she could put into words. "The idea that the Y gave something to a group that didn't qualify financially, that meant a lot," she said. "It gave me something I couldn't back off from."

That same spirit of care continued when Brooke, reviewing Rebecca's health history, noticed she was a cancer survivor and suggested LIVESTRONG® at the YMCA. Through the help and support of Senior Director, Eirikur Holt, Rebecca joined the program at Westwood and found herself in a small group where encouragement, humor, and determination filled the room. "You could see people pushing themselves and investing in their own efforts to live longer and healthier," she said.

Through LIVESTRONG®, new doors opened, strength training orientations, personalized guidance, and a deeper sense of belonging. "The Y sees me, they know me, and they're designing something for me," Rebecca shared. She even began creating home routines inspired by what she learned at the Y.

At the Y, she found staff who listen, adapt, and care deeply. "Hope is a wonderful thing," Rebecca reflected. "And hope is what the Y deals in."

For Rebecca, the YMCA isn't just a place to exercise, it's a place where she feels seen, supported, and empowered to keep moving forward.



"Hope is a wonderful thing. And hope is what the Y deals in."

Rebecca Hurst
Y Member & LIVESTRONG® Participant

EXPANDING ACCESS TO HEALTHY LIVING AT THE Y

The Y continues to expand healthy living opportunities for our community thanks to generous grant support from local and national partners. These investments help make programs more accessible, expand class offerings, and provide meaningful opportunities for connection and wellness.

Thank you to two local families committed to supporting our free Prescribe the Y program; The Jenny Fund and the Gary Wingate Family.

The Bank of America Charitable Foundation contributed funds to help underwrite a portion of costs of our extensive Parkinson's Disease and LIVESTRONG® at the YMCA programming.

The Nutt Hospital Association provided support of the design and distribution of 2,000 Healthy Living brochures, along with funding for Tobacco Cessation and training of additional Enhance®Fitness instructors, allowing the Y to offer a second set of classes each week to meet demand. The Y's new Tobacco Cessation Program also received an important boost when Breathe New Hampshire offered to help sponsor the program and provide materials.

YMCA of the USA Strategic Initiatives Fund awarded a grant toward the Diabetes Prevention Program,



including development of bilingual material to meet community needs.

Grant funding to underwrite costs of chronic disease prevention and management programming where most needed is very much appreciated from Ann De Nicola Trust, Citizens Bank, N.A., Trustee, Ella F. Anderson Trust, BNY Mellon, N.A., Trustee, and Southern New Hampshire Health.

Together, these grants demonstrate the power of community partnerships in advancing the Y's mission.

CREATING NEW OPPORTUNITIES TO THRIVE

Well-being looks different for everyone. It can mean discovering a new activity, building confidence through movement, developing independence, or finding a place to feel welcomed and included. For adults with intellectual and developmental disabilities, these experiences create opportunities for connection, achievement, and belonging.

Through a longstanding partnership, the YMCA of Greater Nashua and Opportunity Networks work together to make these opportunities possible. By combining Opportunity Networks' person-centered approach with the Y's welcoming programs and spaces, participants can explore interests, build skills, and connect with others through fitness, recreation, and shared experiences.



Opportunity Networks encourages personal growth and community involvement, while the Y offers group fitness and recreational activities that promote movement, relationships, and personal achievement. Beyond physical activity, these experiences help participants discover new strengths, build meaningful connections, and feel more involved in their community.

Together, the organizations are making well-being and belonging more accessible, creating opportunities for everyone to pursue their goals, feel valued, and be part of their community.

Social Responsibility

Community in Action

FROM MEMBER TO MENTOR

When Don Winn first stepped into the YMCA, he already carried a lifelong passion for youth leadership and community service. Before the Y, Don was deeply involved with the Boys and Girls Club, serving on the board and leading youth leadership programs. Giving back was already in his DNA.

Don's story is rooted in hard work and lifelong learning. Growing up on a dairy farm in Piermont, NH, he learned responsibility early, driving tractors and helping with chores alongside his five siblings. He worked his way through school at night, earning a degree in electrical engineering from the University of Bridgeport while raising three children in just two and a half years. Along the way, he earned an MBA from Northeastern and later, in 2015, a master's degree in leadership from Granite State College.

By the early 2000s, Don and his wife, Maureen, joined the Y in Merrimack to enjoy year-round indoor walking, something Maureen especially loved. Just five minutes from home, the Y quickly became their place for healthy activity and connection. Their grandchildren grew up in youth development programs, from dance to enrichment activities, making the Y a family tradition.

For Don, the Y became more than a place to exercise. In 2017, CEO Joe Manzoli invited him to bring his leadership expertise to the Y, running programs similar to the ones he had pioneered at the Boys and Girls Club. He found deep fulfillment in mentoring others and sharing his knowledge.

"It's been rewarding to get to know a lot of the staff," Don says. "The Y gave me another opportunity to give back. It's not just a place to come for exercise, it aligns with my interests in leadership, personal development, and organizational growth."

Today, even in semi-retirement, Don remains committed to growth and service. Through the Y, he's not only stayed active and healthy but has also built meaningful relationships, mentored others, and expanded his impact across other human service organizations.

The YMCA has been more than a convenient wellness center for Don and his family, it has been a place of community, connection, and purpose.



> "The Y gave me another opportunity to give back."
>
> **Don Winn**
> YMCA Volunteer & Mentor

NO ONE SHOULD HAVE TO FACE THEIR BATTLES ALONE

Some of the hardest battles are the ones no one else can see. For veterans, first responders, nurses, and emergency dispatchers, the experiences that come with serving others can leave a lasting impact long after a shift ends or a uniform comes off. Finding connection with people who understand those experiences can make a meaningful difference.

That is where the partnership between the YMCA of Greater Nashua and Hidden Battles Foundation comes in.

Hidden Battles Foundation supports the mental and emotional well-being of military personnel, veterans, first responders, nurses, 911 dispatchers, and their loved ones. Through peer support, shared activities, and community programs, the Foundation helps people find understanding and build relationships with others who share similar experiences.

Through its partnership with the Y, Hidden Battles creates opportunities to connect through group fitness, outdoor hikes, rucks, and other shared experiences. These activities offer a welcoming space to spend time with others who understand the demands of serving their communities.

Participants do not have to share their stories or explain what they have been through. The focus is on showing



up, building trust, and forming relationships over time. Sometimes, simply being around people who understand can help someone feel less alone.

Together, Hidden Battles and the YMCA help reduce isolation and strengthen support networks, reminding individuals and their loved ones that they do not have to face life's challenges alone.

At the Y we believe everyone deserves opportunities to connect and belong. Through partnerships like this, the Y helps build a stronger, more supportive community for those who spend their lives serving others.

FIGHTING FOOD INSECURITY AT THE Y

The Y is committed to helping address the growing issue of food insecurity in our community. Through our food distribution program, each of our three branches operates a food pantry that is available to anyone in need.

Food donations are generously provided by our partners at the United Way through food drives held at local grocery stores. These community contributions help keep our pantries stocked with essential items and ensure that support is available when families need it most.

All three Y food pantries are open and available to everyone during regular branch hours. No membership



is required, making this an accessible resource for individuals and families facing food insecurity.

By providing convenient access to food and partnering with organizations like the United Way, the Y is helping ensure that no one in our community has to face hunger alone.

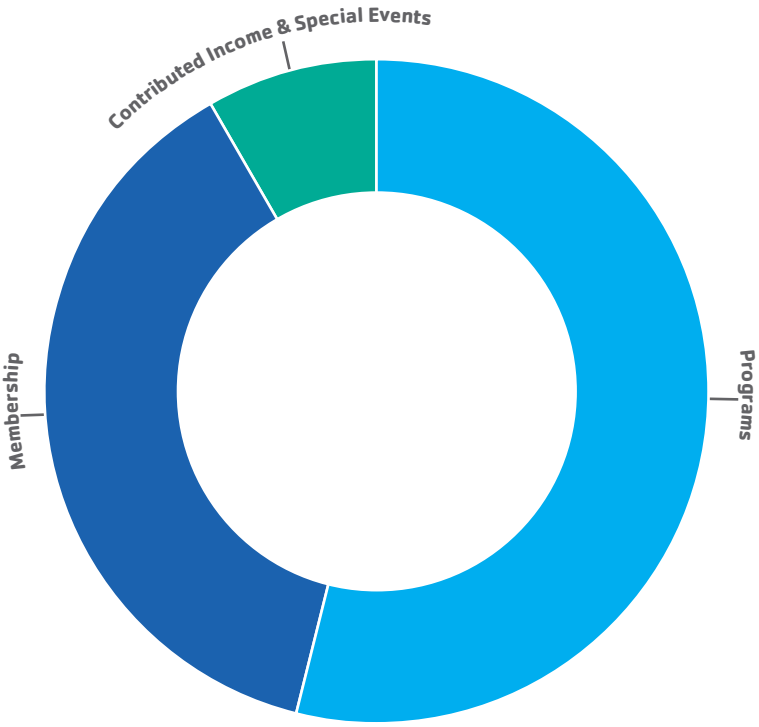
UNAUDITED FINANCIAL STATEMENT

Year Ending August 31, 2026

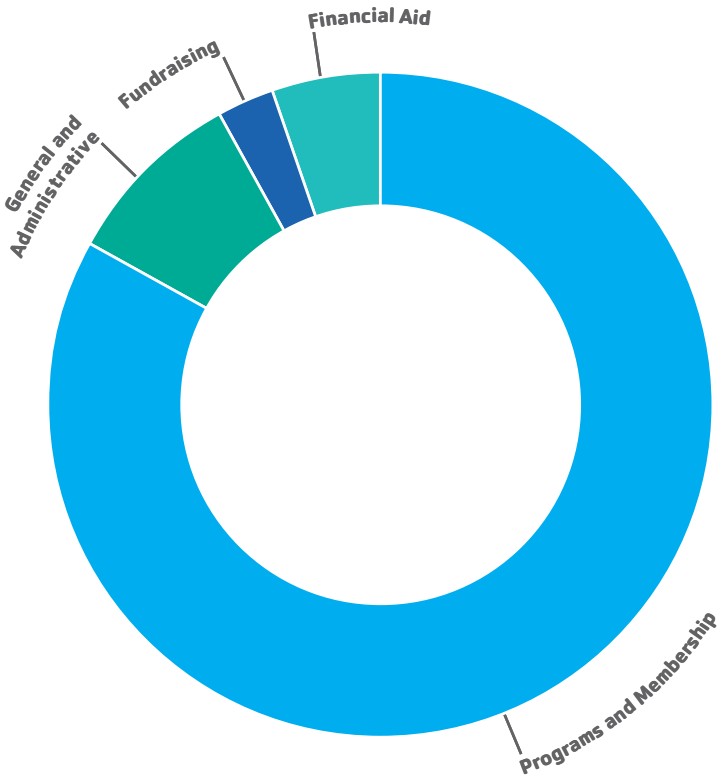
INCOME

Programs	$10,170,000
Membership	$7,116,000
Contributed Income & Special Events	$1,542,000
Total Income	**$18,828,000**

Income



Expenses



EXPENSES

Programs & Membership	$15,601,000
General & Administrative*	$1,679,000
Fundraising	$528,000
Financial Aid	$986,000
Total Expenses	**$18,794,000**

*Includes salaries & wages, IT services, insurance, advertising, interest expenses, etc.

$2,517,000

During fiscal year 2026 we completed a major renovation of the Y Academy Early Education Center, completed upgrades to our pool heating and pump systems, and several other enhancement and safety upgrades. These improvements reflect our ongoing commitment to providing safe, welcoming, and high-quality spaces where children, families, and individuals can learn, grow, and thrive.



Brightening Our Learning Spaces

Because of your generosity, hundreds of children now begin each day in bright, welcoming classrooms designed to spark curiosity, creativity, and confidence.

Your support transformed the Y Academy Early Education Center through the creation of the Eastern Bank Learning Pathway, a vibrant, engaging space that connects all 19 newly renovated and expanded classrooms. These thoughtfully designed learning environments give children more opportunities to explore, discover, and thrive every day.

Your investment also made it possible to expand access to high-quality early childhood education by creating 23 additional childcare spaces, allowing more working families to find the care they need. Today, the YMCA of Greater Nashua proudly serves 395 children, remaining the largest childcare center in New Hampshire.

Thank you for creating spaces where children can learn, grow, and belong.

Thank You!

$250,000–$500,000
Anonymous
Community Development Finance Authority
Eastern Bank
Eastern Bank Foundation
Susan Fenske McDonough

$100,000 – $249,999
State of New Hampshire Child Care Grants

$25,000–$99,000
Bob & Andrea Arnesen
Bar Harbor Bank & Trust
Chapman Construction/Design Company
Merrimack County Savings Bank
Stanley Elevator Company, Inc.
Stibler Associates
The Bear Foundation
Cogswell Benevolent Trust
Samuel P. Hunt Foundation

$10,000–$24,999
Brayman, Houle, Keating & Albright PLLC
Eaton & Berube Insurance
The McInnch Foundation
Tulley Automotive Group
Turn Cycle Solutions, LLC

$1,000–$9,999
The Adell Family
The M&T Charitable Foundation
City Wide Facility Solutions of NH
Computer Hut of N.E. Inc
d/b/a I.T. Insiders
Evans Expressmart/Evans Motor Fuels
King Family Foundation
Millyard Bank
Morin's Landscaping &
Lawn Maintenance Inc.
Bob & Carol Murphy
Noonan Bros. Painting LLC
Earl Prolman
Rockland Trust
Mr. John R. Shaw

$100–$999
The Barkers
Don & Heidi Levi
Charles McCaffery
Bob & Carla Pelletier
Michael Ryder
Julia Spence
In Memory of Dorothy Anne Warnke



WE All BELONG CAMPAIGN

$986,000
in financial assistance was provided to ensure the Y is accessible to all.

2025–2026 Contributors

Thank you to the fiscal year 2025–26 donors who contributed funds to benefit the Y CARES Financial Assistance Program and other services.

THE THURBER SOCIETY
$10,000+

Ann & James Conway
The Barker Foundation Inc.
Bedford Falls Foundation
Dobles Foundation
Eastern Bank Foundation
Fayth Chamberland
Gate City Casino
Gifts made in honor of Mike LaChance
How did We Get Here Fund c/o Camille Pattison & Travis Dunn
John H. Sargent
Neil Hussey
NewPower Worldwide LLC
One Pass
P. Thomas Sargent
Phi Gamma Delta of MIT Fund
The Bowler/Shepard Family
The Estate of John & Carole Callahan
The Prunier Family
YMCA of the USA

THE SHAW SOCIETY
$5,000–$9,999

Altria Group
Bar Harbor Bank & Trust
Charlie & Tracy Hall
Eric Frank
Gregg & Marnie Gordon
Helen & Tracy Principio
Jack & Ellen Olson
Joe & Bernice Thomas
KMFG Fund
Locus Robotics Foundation
Martha & Paul Carlson & Family
Purple Finch Properties

THE SARGENT SOCIETY
$2,500–$4,999

Abbie F. Moseley Charitable Trust and Citizens Bank, N.A.
Anonymous
Deborah Novotny
Earl Prolman
Eaton & Berube Insurance
Mike & Sharon LaChance
Mike & Kim Reardon
Patricia Burns
Patrick & Cindy McNickle
Peter & Sheryl LaQuerre
Planet Aid Inc.
Raffle & Book Sale Revenue
Rosmery Torres
Snowden McFall & Spencer Whiting
St. Mary's Bank
Stephanie & Rick Smith
The Manzoli Family
The Poirier Family
Tivity Health Services, LLC
Wesley's Way Foundation

THE LAROCQUE SOCIETY
$1,000–$2,499

Albee Budnitz
Ameriprise Financial Services, Inc.
Amherst Junior Women's Club
Anheuser-Busch Cos. Inc.
Anna & Bill O'Herren
Anonymous
Bob & Andrea Arnesen
Broad Street Planning
Carlisa Choate
Carol Murphy
CBIZ
Charlie & Francine Howe
Chris & Irene Todd
Chris & Rachael Bonnette
Club National Inc.
David Gregg
Dr. Christopher E. Hopey & Cheryl M. Lucas – James W. O'Brien Foundation
Eastern Bank
Elizabeth and Hollis E. Harrington Sr. Family Fund
Erik & Alix Gray
Forcier Contracting & Building Services, Inc.
Hamblett & Kerrigan PA
Herman Raspe
Laura Uribe
Martha E. O'Neill
Matthew & Roree Warnke
Maureen & Bruce Moore
Mr. & Mrs. Herb Cogliano & Family
Mr. and Mrs. Peter Caulo
Nancy & Dave Williams
Nash Foundation Inc.
Network for Good
Northeast Delta Dental
Paul & Jane Edmunds
Pauline Chiasson
Precor
Rita Voulgaris
Scire Realty
Stryker Corporation Matching Program
Susan Whittemore
The Colangelo Family
The Dolan Family
The Holt Family
The John P. Stabile II Family Foundation
The Long Group
The Melker Family
The Plus Company, Inc
The Sartor Family
The Whigham Family

PATRON
$250–$999

Amir & Negar Toosi
Anna Hooven & Nancy Pisiello
Anonymous
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Barbara & Rick Follender
Barbara A. Costello
Brenda Perry
BSA Troop 773 NH
Carlos Quintal
Cheryl Lingard
Claudette Stone
Colin Fischer
David & Sara Phelps
David Carcieri
Don & Heidi Levi
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Edward Brown
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Erik Maseng
Fortin Gage
Frasca and Frasca, PA
George Wallis
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LME Financial Planning
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LPL Financial
Lynne Boyer
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Robert Streed
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Saint Christopher Academy
Shannon Levesque
Spyglass Brewing Company
Stephen & Jane Frasca
Stibler Associates
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The Cooney Family
The Daley/Gain Family
The DeVagno Family
The Gureckis Family
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The Lopez Family
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Tim Kerrigan
Tim Sagear
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We Share a Common Thread Foundation Inc.

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$100–$249

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Adriana Gervais
Alex Dunhom & Jon Hayes
Alexandra Shaplyko
Alphonse Trasatti
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Alyshia Branchi
Ann Hinckley
Ann Ramos
Anonymous

Antoine Nguyen
Barbara Sofield
Barry Joslin
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Brooke Arthur
Cachet Hall
Cam, Carol, Rita
Carol Coleman
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Diana Reilly
Diane Slattery
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Ellen Hyde
EM
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Fidelity Charitable Gift Fund
Francis McFarland
Frank Conlan
Gale Cummings
Gary Sullivan
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HCA Healthcare
Hebe
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Jennifer Gavrichev
Jenny Ferry
Jessica Read
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John Goulet
Julie Lavoie
Justin Medas
Jyoti Shah & Family
Kamal Masand
Karen Eng
Karen Meyer
Karin Berkeley
Kate Blount
Katherine Bolen
Kathleen Knight
Kellie Wardman
Kelly MacMillan
Kerry Madden
Kerry Ollen
Kevin Pelletier
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Live Strong Alumni
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Walter Charpentier
Wayne & Linda Joslin
Wayne Joslin
William Brann

Thank You!

GRANT FUNDERS:

Because of you, lasting change is happening throughout our community.

YOUR SUPPORT MADE IT POSSIBLE TO:

- **Empower individuals** living with Parkinson's disease, cancer, arthritis, prediabetes, obesity, and other chronic conditions through evidence-based health and wellness programs that improve quality of life.
- Provide a free 20-day Power Scholars Academy for more than 270 Nashua students, helping them strengthen academic skills, build confidence, and return to school ready to succeed through a partnership with the Nashua School District.
- **Open doors** to educational, leadership, and sports opportunities that help young people build confidence, develop new skills, and reach their full potential.
- Expand adaptive swim and sports programs so individuals of all abilities can safely participate, gain confidence, and experience the sense of belonging that makes the Y **a welcoming place for everyone.**

Thank you for investing in a stronger, healthier, and more inclusive community. Your generosity is changing lives, today and for generations to come.

YOUTH DEVELOPMENT GRANT SUPPORTERS:

Anonymous
Children's Literacy Foundation
CMF Kids
City of Nashua Citizens Advisory Commission
Conway Arena
DCU for Kids
Easton Sports Development Foundation II
Fidelity Investments
Merrimack County Savings Bank Foundation
Million Dollar Round Table Foundation
New Hampshire Charitable Foundation – Nashua Region
New York Life
Oleonda Jameson Trust
Pool & Hot Tub Foundation
Rotary Club of Nashua West
TD Charitable Foundation

HEALTHY LIVING GRANT SUPPORTERS:

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Bank of America Charitable Foundation
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JSI Research & Training Institute, Inc.
New Hampshire Department of Health and Human Services – Chronic Disease Programs
Nutt Hospital Association
Parkinson's Foundation
The Gary Wingate Family
The Jenny Fund
Southern New Hampshire Health
YMCA of the USA Strategic Initiatives Fund

Community Partners

Connecting for Greater Impact

The YMCA of Greater Nashua is proud to partner with the following organizations to strengthen our community:

21st Century Extended Day Program
AARP
ABA Centers
Academy for Science and Design
ACERT
Adult Learning Center
Alvirne HS
Alzheimer's Association
American Red Cross
Amherst Town Band
AmeriCorps
Actorsingers
Autism Resource Center
BAE
Bangor Savings Bank
Bar Harbor Bank
Big Brothers Big Sisters
Bishop Guertin High School
Black Rock Men's Soccer
Boy Scouts
Boys & Girls Club of Greater Nashua
Bridges Domestic and Sexual Violence Support
Bridges Epoch
Cal Ripken
CASA
CheckMates
Children's Literacy Foundation
Chinese Cultural Society of Greater Nashua
City of Nashua
Clearway High School
Community Partners for Change
Conway Ice Arena
Courville Nursing Home
CPTE
CSA FarmShare
Cynthia Day Program
Dartmouth Health
Dartmouth-Hitchcock
DCYF Southern District
Determined Martial Arts
Dunstable Council for Aging
Easter Seals
Elbit
Elements Massage
End 68 Hours of Hunger
Enterprise Bank
Exhale
Fairview Nursing Home
Family Promise
Fidelity Investments
FIRST Robotics
Fortin Gage Flowers & Gifts
Foundation Medical Partners
Franklin Savings Bank
Friends of Aine
Front Door Agency
Futsal NH
Gate City Bike Co-op
Gate City Charter School for the Arts
Gateways
Girl Scouts
Girls, Inc.
Gloria Timmons Community Center
Granite Edvance
Granite State Children's Alliance
Granite State Independent Living
Granite United Way
Granite YMCA
Great American Downtown
Greater Lowell YMCA
Greater Merrimack Souhegan Valley Chamber of Commerce
Greater Nashua Chamber of Commerce
Greater Nashua Mental Health
Greater Nashua Public Health and Community Services
Grow Nashua
Hammar Art Studio
Hampton Inn
Hannaford Supermarket
Harbor Care
Hayward's Ice Cream
HB Helps
Heartfulness
Hidden Battles
Hillsborough County Gleaners
Home Health Hospice
Humane Society of Greater Nashua
Hunt Community
Impact 4 Good
Keller Williams
Keystone Hall
Knights of Columbus
Lamprey Health
Laurel Place
Less Leg More Heart
Lions Club
MA State Alliance of YMCAs
March of Dimes
Marguerite's Place
Meals on Wheels
Merrimack Police Department
Merrimack Premium Outlets
Merrimack Public Library
Merrimack School District
Merrimack Valley YMCA
Milford School District
Moving Kids Forward Therapy
My Social Sports
NAMI
Nashua Cadets
Nashua Center
Nashua Community College
Nashua Community Music School
Nashua Fire Department
Nashua HS North Lacrosse
Nashua Library
Nashua Multicultural Festival
Nashua North HS Football
Nashua Parks and Recreation
Nashua Police Department
Nashua Prevention Coalition
Nashua School District
Nashua Senior Center
Nashua Soup Kitchen & Shelter
New Hampshire Cancer Collaborative
New Hampshire Charitable Foundation
New Hampshire State Alliance of YMCAs
New York Life
One Greater Nashua
Opportunity Networks
Owl Hive
Parkinson's Foundation
Partnerships for Successful Living
Pet Partners
PetSmart
Photovoice
Playmakers
PLUS Company
Police Athletic League (PAL)
Pratt Homes
Project Happy
ReGenerative Roots Association
Rivier University
Riverwood Academy Chartered Public School
Rockland Trust
Rotary Club of Merrimack
Rotary Club of Milford
Rotary Club of Nashua
Rotary Club of Nashua West
RSEC
Salvation Army
SEE Science Center
Sheraton Hotel
Silver Knights
Silverstone Living
Souhegan School District
Southern District YMCA
Southern New Hampshire Health Systems
Southern New Hampshire Weight Management
Springfield College
Special Ed Parents Advisory Council
Special Olympics
St. Christopher School
St. Joseph Hospital
Stand Tall Massage
Sterling Smiles
Team Tesseract FTC Robotics
The Cultural Connections Committee
ThinkGive
Thomas More College
Toward Independent Living and Learning
Town of Merrimack
Travelin Toms/Kona Ice
Triangle Credit Union
Tropical Smoothie
UKG
Unchartered
UNH STEM Mobile
United Way of Greater Nashua
Vet Center
Veteran's Administration
Veterans of Foreign War Auxiliary
Waypoint
Welcoming NH
Wesley's Way
Who We Play For
Woodpecker Insurance
Youthwell
YMCA Alliance of Northern New England



A Life of Giving Back

John Charles Callahan

John Callahan believed in giving back, and he put that belief into action throughout his life. When he took early retirement, he didn't slow down. Instead, he turned his energy and enthusiasm toward helping others, investing his time and talents in the organizations and communities that meant so much to him.

One of John's greatest commitments was to the YMCA of Greater Nashua, where he served as board chair. He brought to the Y the same determination, leadership, and hands-on spirit that had shaped his professional life, along with a genuine desire to make a difference in the lives of others. For John, giving back wasn't simply about serving on a board; it was about helping an organization strengthen its community and continue its important work.

John had a way of making service enjoyable, too. He brought his characteristic humor, warmth, and enthusiasm to everything he did, making people feel welcome and encouraging others to join in. He understood that strong communities are built not only through hard work, but also through relationships, shared purpose, and a willingness to lend a hand.

John's commitment to the YMCA of Greater Nashua extended beyond his years of active service. In the final wishes of John and his wife Carole, who predeceased him in 2025, the Callahans remembered the Y with a significant gift, ensuring their support for the organization and its mission would continue well into the future. This generous legacy reflected what had always been important to John: giving back, strengthening his community, and helping an organization that makes a meaningful difference in people's lives. His final gift was a fitting expression of a lifetime of service and a lasting testament to his belief in the power of the Y to change lives.

His legacy of giving back lives on in the organizations he helped lead and the people whose lives he touched. John didn't simply give his time; he gave his energy, his leadership, and his heart. And he did it with a smile, a joke at the ready, and the belief that there was always something more he could do to help.

John Callahan, 83, died peacefully on May 27, 2026, after a long illness. He will be remembered for his generous spirit, his devotion to serving others, and the lasting difference he made in his community.

Building A Legacy of Belonging:

Join the Heritage Club

John Callahan's legacy is a powerful reminder that one person's commitment can create lasting impact. His story reflects the meaning of belonging and the belief that investing in one another builds a stronger future.

By joining the Heritage Club, you help ensure the YMCA of Greater Nashua remains a place where children grow, families thrive, and neighbors find connection and support for generations to come. Through a bequest, retirement plan designation, life insurance gift, or another planned giving option, your generosity can expand opportunities, respond to community needs, and create a legacy that lasts beyond your lifetime.

Continue the Legacy. Create Your Impact.

John's legacy lives on through the lives he touched and the community he helped strengthen. You can help write the next chapter of the Y's story by making a planned gift and joining the Heritage Club.

Start a conversation today to learn how you can create a lasting legacy of belonging.

Contact: Michelle Beeny, Vice President of Philanthropy
603.689.2440 | mbeeny@nmymca.org


















YMCA OF GREATER NASHUA

Nashua YMCA
24 Stadium Drive
Nashua, NH 03062

Merrimack YMCA
6 Henry Clay Drive
Merrimack, NH 03054

Westwood Park YMCA
90 Northwest Boulevard
Nashua, NH 03063

YMCA Camp Sargent
141 Camp Sargent Road
Merrimack, NH 03054

www.nmymca.org