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[nmyymca.org/summercamps](http://nmyymca.org/summercamps)

# FIND YOUR FUN FRIENDS & ADVENTURES

Pick Your  
Adventure  
TODAY!



2026 Summer  
Camp Guide

Registration  
Opens Feb. 2!



YMCA of Greater Nashua

Merrimack YMCA | Nashua YMCA | Westwood Park YMCA | YMCA Camp Sargent on Lake Naticook



# GREAT SUMMERS START HERE!

NATURE

## OUR MISSION

The YMCA of Greater Nashua camping programs provide a high quality day camp experience for a wide range of community youth and teens with diverse needs and interests. Our highly qualified and trained professional role models provide a safe, fun, and age-appropriate environment for all campers while developing self-confidence, social skills, and healthy habits.





# WELCOME

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Welcome to the YMCA of Greater Nashua Summer Camps! Starting with Camp Sargent in 1924, thousands of youth have come to us for an experience that leaves them feeling confident, learning new skills, and making friendships that last a lifetime. Through our core values of Caring, Honesty, Respect, and Responsibility, adventure awaits! We cannot wait for you and your kids to be part of it this summer!

When thinking about our camp experience, the first thing you need to know is that we are a community of people who come together every day to bring out the best in each other. When your camper comes to our camps, they will feel like they belong as they become part of the Y family. Camp friends are just different from other friends!

At the heart of the camp experience is building confidence through competence. While at camp, your camper will try things they have never done before, set goals and work to accomplish them, and build skills that can create lifelong interests and pursuits. Throughout their growth, our staff will ensure your camper's successes are celebrated and their challenges become moments of learning. Through these experiences, campers learn the importance of perseverance and carry the skills they've gained into their lives outside of camp

As you look through this guide, we challenge you to think about the possibilities! What will trying something new look like for your camper? What do they enjoy and want to get better at? What do you want them to learn in their time with us? Away from screens and with caring adult role models, we are ready to help your camper grow all summer long!

From Our Team to Yours,  
The Camp Directors - YMCA of Greater Nashua



## MEET OUR CAMP DIRECTORS

# 2026 SUMMER CAMP DIRECTORS



**Carlisa Choate** | [cchoate@nmymca.org](mailto:cchoate@nmymca.org)  
**Vice President Youth Development and Achievement**

Carlisa brings a strong passion for youth development and education to her work and has become an integral part of program leadership and operations. She supports staff, strengthens programming, and helps create engaging, high-quality experiences for children and families. Carlisa is committed to building strong teams and fostering environments where both staff and participants can thrive, driven by her belief in meaningful connections and making a positive impact.



**Tiffany Joslin** | [tjoslin@nmymca.org](mailto:tjoslin@nmymca.org)  
**Senior Program Director**

Tiffany started her Camp Sargent career, in 2012, as the program director for Camp Sargent's Play Acting Camp. Since then she has been an important part of the day to day operations of camp, and developing it into one of the top summer camps in the area, as one of our Assistant Camp Directors. When Tiffany is not at camp she likes to shop, soak up the sun at the beach, read, watch reality TV, and travel. There is nothing in the world she loves more than spending time with her family and friends.



**Kristen Capriotti** | [kcapiotti@nmymca.org](mailto:kcapiotti@nmymca.org)  
**Merrimack YMCA Summer Camp Director**

Kristen has been working in Y Camp since 2000 and is excited to be taking on the position of Camp Create Director. Kristen has a Certification in Dance Education as well as an A.A.S. in American Sign Language Interpreting and has been teaching dance for over 20 years. She is ready to bring her passion for creativity to your child's summer experience.



**Amy Millard** | [amillard@nmymca.org](mailto:amillard@nmymca.org)  
**Nashua YMCA Preschool Summer Camp Director**

Amy has been with the YMCA for over 15 years. Before joining the Y, she worked in special education as a paraprofessional. She is now entering her third year as a site director for Creation Station, Y Academy, and Little Investigators. Little Investigators is a fun way to introduce preschool-age children to school. Throughout the week, children explore different stories to learn about bugs, nature, and science. Amy is excited for camp to start and can't wait to meet all the new children enrolled!



**Matthew Haight** | [mhaight@nmymca.org](mailto:mhaight@nmymca.org)  
**Westwood Park YMCA Sports Director**

Matt has nine years of local basketball coaching experience and is a SNHU Sports Management graduate who began his YMCA journey as an intern. He has held leadership roles including Riverside Director at Camp Spaulding, Assistant Athletic Director at Camp Tevya, and currently serves as Director of Westwood Park Y Sports Camp. Guided by his motto, "Onward and Upward," Matt is passionate about teaching teamwork, resilience, and life lessons through sports and camp, helping kids grow as athletes.



**Aline Connors** | [camp@nmymca.org](mailto:camp@nmymca.org)  
**Camp Administrator**

Aline joined the YMCA in 2023 as Business Manager for the Education Program, supporting the EEC and School's Out programs. She helps guide families through registration, billing, paperwork, and payment plans to make the camp experience as smooth and stress-free as possible. Bilingual in Portuguese and English, Aline is passionate about supporting families and creating a welcoming, inclusive experience for every camper.

# 2026 SUMMER CAMP STAFF

Working at Summer Camp is an experience like no other and your camper will be the one to benefit. The staff at the YMCA of Greater Nashua Camps are among the best you will find anywhere as they adhere to a very high standard of quality programming and camp philosophy:

## Camp should be fun. Camp should be meaningful.

Our staff will be there with your camper every step of the way to ensure a summer like no other. If they are having the best day of their summer, or need some support to pick themselves up, our camp staff is trained to handle everything with emotional support and complete professionalism. If there is one thing your camper will talk about after their experience, it will be the staff!

To make the most of camp, **we ask that campers leave their cell phones at home**, allowing them to focus on fun, friends, and new adventures.

## Join Our Camp Staff.

If you know of anyone interested in being a part of our Summer Camp staff this year please reach out to Carlisa Choate at [cchoate@nmyymca.org](mailto:cchoate@nmyymca.org).

### Y CAMPS GENERAL SCHEDULE\*

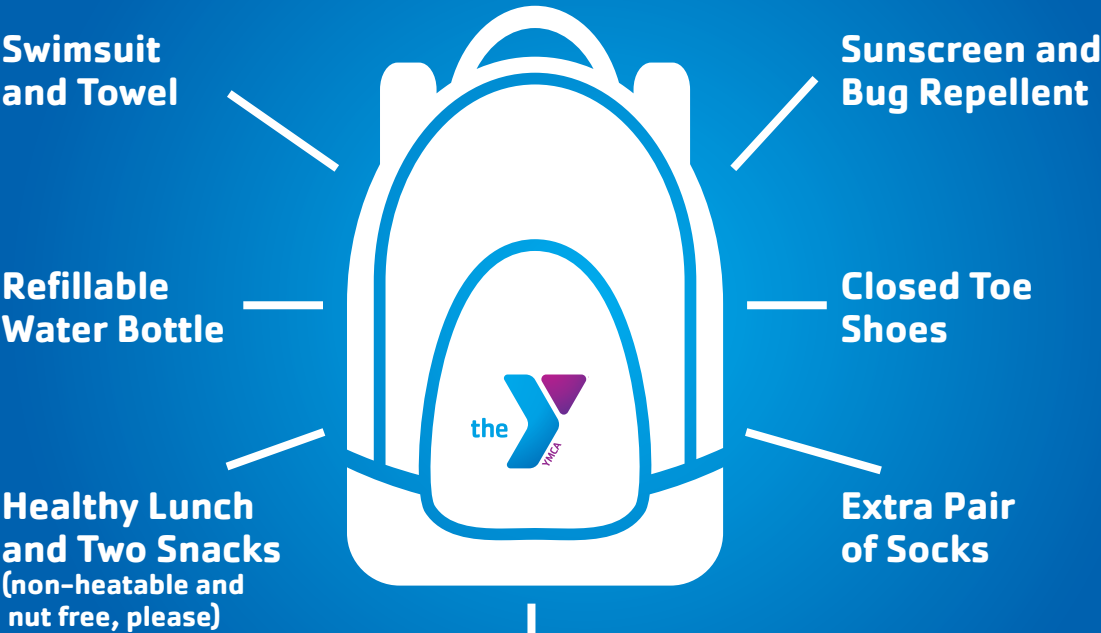
7:00-9:00am	PRE CAMP (Child Must Be Registered)
8:30-9:15am	Check in
9:15-9:30am	Morning Meeting
9:30-10:30am	Period 1
10:30-11:30am	Period 2
11:30am-12:00pm	Period 3
12:00-1:00pm	Lunch Break & Down Time
1:00-2:00pm	Period 4
2:00-3:00pm	Period 5
3:00-3:30pm	Closing Ceremonies
3:45-4:15pm	Regular Dismissal
4:00-6:00pm	POST CAMP (Child Must Be Registered)

\*Each camp may vary in schedule times.

# GENERAL CAMP SCHEDULE/ WHAT TO PACK

## WHAT TO PACK FOR CAMP

Please make sure your child's name is on all belongings and have them leave any valuables, electronics, cell phones and toys at home. Additionally, all YMCA of Greater Nashua summer camps are nut free for the safety of campers and staff.



An "I'm Ready to Have Fun" Attitude!



# GENERAL INFORMATION FOR FAMILIES/PARENTS

## GENERAL INFORMATION

### CAMP WEEKS & FRIDAY THEME DAYS

Every Friday is a theme day at camp! Campers are welcome to dress for the theme.\*\*

Week 1	June 22-26 Out of this World
Week 2	June 29-July 3 Party in the USA
Week 3	July 6-10 Color Wars
Week 4	July 13-17 Holidays in July
Week 5	July 20-24 Fairytale Friday
Week 6	July 27-31 Pirate Day
Week 7	August 3-7 Freaky Friday
Week 8	August 10-14 Disney Day
Week 9	August 17-21 Beach Party Bash
Week 10*	August 24-28 Wizards and Witches

\*Single Days Available – Camp Sargent Only  
Parents may register for individual days or the full week.

\*\*Camp themes are subject to change, and campers should not bring weapons or inappropriate clothing.

### REGISTRATION

Registering for camp only takes a few minor steps. You will be ready for an incredible experience with us in no time.

1. You can register online at [nmymca.org/summercamps](http://nmymca.org/summercamps) or by coming into the Welcome Center at any of our locations.
2. When you register, a NON-REFUNDABLE/NON-TRANSFERABLE \$25 deposit (\$10 for Pre/Post Camp) is required for each registered week of camp.
3. You can register up to 11:59pm on the Wednesday before the week of camp your child will be attending.
4. Camp balances must be paid by the Wednesday prior to each week of camp to ensure enrollment.
5. If you have any questions, you can reach out to any of the camp directors for more information and answers.

### SIBLING DISCOUNT

The YMCA of Greater Nashua provides a sibling discount for siblings within the same household who sign up for the same camp week in the same camp location: Camp Sargent, Merrimack Y, Nashua Y, & Westwood Park Y. These discounts cannot be used in conjunction with any other discount or promotion and can't be transferred. This discount can only be applied by contacting our camp admin at [camp@nmymca.org](mailto:camp@nmymca.org).

1st Child - Full Price  
2nd Sibling - \$10 off  
3rd Sibling - \$15 off

### CREDIT / REFUND / TRANSFER POLICY

1. \$25 camp deposits (\$10 for Pre/Post Camp) are non-refundable and non-transferable.
2. Requests for camp withdrawal MUST be made by email to the appropriate camp director or camp admin at [camp@nmymca.org](mailto:camp@nmymca.org). All requests must be made no later than two (2) weeks prior to the camp's session start date.
3. You will be responsible for ALL balances on your account if we do not receive a cancellation request in writing by two (2) weeks prior to that week's start date, whether or not your camper attends.
4. Camps without sufficient enrollment may be canceled; an option of a credit or refund will be given.
5. There will be no credits or refunds for personal absences, vacations, inclement weather, partial attendance, or missed camp days.
6. Prorated credits will be issued per directors' discretion for medical conditions which prohibit the participant from continuing in a camp. A doctor's note is required.
7. Transfer requests may be made providing there is an opening in the desired camp. All transfers must be made at least two (2) weeks prior to that camp's start date. Requests can be made by email to the appropriate camp director or camp admin.  
**Transfers may ONLY be approved by respective directors.**



Camp Weeks

Registration  
Information

Sibling Discount

Credit / Refund  
Transfer Policy

# GIVE THE GIFT OF CAMP

## SHARE THE JOY OF CAMP!

Hundreds of children attend day camp at the YMCA of Greater Nashua each summer thanks to generous donors who support Y CARES financial assistance. Your support ensures that every camper can experience the same joy, connection, and sense of belonging that a summer at the Y provides your child. Camp gives children the chance to build friendships, stay active, discover new interests, and grow in confidence. Your support removes a significant barrier for many working parents and caregivers while their children enjoy a safe, nurturing summer experience.

### WHY CAMP MATTERS:

*"A week into summer my car broke down, and I had to use the money I had put away for camp into that. My boys fell in love with camp (last summer) and were starting to really come out of their shell. When I picked them up each day, they would be so excited to tell me what they did, what silly song they sang, and something awesome that their counselor did. I didn't want to take that away from them. I received Y Cares scholarships to help cover the cost of camp. I am so grateful for what the Y did for my family! I can never repay them for the amazing summer they gave my boys!"*

**Help send a kid to camp by giving today.**

**Your partnership will make a life-changing difference.**

To donate online, please visit:

[www.nmymca.org/giftofcamp](http://www.nmymca.org/giftofcamp)

To donate by mail, checks may be made payable to:  
YMCA of Greater Nashua  
10 Cotton Road, Suite 1  
Nashua, NH 03063

SEND A

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Platinum  
Transparency  
2025

Candid.

Charity  
Navigator



★ FOUR-STAR ★  
2025







# YMCA CAMP SARGENT on Lake Naticook

141 Camp Sargent Road, Merrimack, NH | VP Youth Development & Achievement: Carlisa Choate | [cchoate@nmymca.org](mailto:cchoate@nmymca.org)

## Camp Hours

Camp Day:  
9 AM – 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$65 per child, per week, covers both





## Since 1924

Camp Sargent has been a place thousands of children and adults have found a community to belong to. At the heart of Camp Sargent is the joy of fun combined with learning and exploration. This all combined with caring adult role models, your camper will have an experience that will last a lifetime.

Camping is about learning new skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn to be more independent. Being guided by the four core values of Caring, Honesty, Respect, and Responsibility, your camper will transform learning a skill into building confidence in themselves!

### Summer FUN (Grades K-8)

Healthy fun, new friends, adventure, and personal growth and memories that last a lifetime. Campers will experience this and more in Camp Sargent's Summer FUN camp, a traditional day camp experience. Swimming, boating, archery, nature, arts and crafts, drama, Gaga Ball, board games, songs, scavenger hunts and MORE! ALL SUMMER LONG!

#### Grades K-8 Price Per Week

YMCA Family Member: \$270

YMCA Youth Member: \$300

Community Member: \$410

#### Week 10 Single Day Rates

YMCA Family Member: \$54/Day

YMCA Youth Member: \$50/Day

Community Member: \$82/Day

#### Pre & Post Camp Available: \$65/Week

Financial Assistance may be available to those who qualify. Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

\*All campers must be entering Kindergarten in 2026 AND must be 5 years old in order to attend Camp Sargent.



**YMCA CAMP SARGENT**  
141 Camp Sargent Road, Merrimack, NH | 603.966.8847

### Summer Camps

**Summer FUN**  
Grades K-8

**Specialty Camps**  
Grades K-9

**Leaders in Training Program**  
Grades 9-12



/ymcacampsargent

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Videos, Pictures and Important Updates!



# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.966.8847

## CAMP SARGENT on Lake Naticook • June 22 – August 28

VP YOUTH DEVELOPMENT & ACHIEVEMENT: Carlisa Choate | [cchoate@nmymca.org](mailto:cchoate@nmymca.org) |

603.689.2430 (winter) | 603.966.8847 (summer)

CAMP ADMINISTRATOR: [camp@nmymca.org](mailto:camp@nmymca.org) | 603.598.1533

Our 22-acre, lake front day camp provides the natural setting for children to forge friendships, memories, & leadership skills that will last a lifetime.

### SAMPLE SCHEDULE FOR CAMP SARGENT:

7:00–9:00am	PRE CAMP (Child Must Be Registered)
8:30–9:15am	Check In On The Field
9:15–9:30am	Morning Meeting: Songs, Announcements & Flag Raising
9:30–10:15am	Period 1: Group Time Getting To Know You, Games, etc.
10:25–11:10am	Period 2: Swim Time
11:20am–12:05pm	Period 3: Sports & Games
12:10–1:10pm	Lunch Break & Siesta
1:10–1:55pm	Period 4: Nature & Arts
2:05–2:50pm	Period 5: Water Fun
3:00–3:30pm	Closing Ceremonies: Flag Lowering, Songs, Best Part of Day
3:45–4:15pm	Regular Dismissal
4:00–6:00pm	POST CAMP (Child Must Be Registered)



### Summer Camps

Summer FUN  
Grades K–8

Specialty Camps  
Grades K–9

Leaders in  
Training Program  
Grades 9–12



## CAMP SARGENT SPECIALTY CAMPS: June 22 – August 21

YMCA Family Member: \$290 | YMCA Youth Member: \$315 | Community Member: \$440

*All specialty camp activities will happen in the morning between 9am–12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more. Details on Specialty Camps availability by week are listed on page 24–25.*

### **NEW! Camp Safari (Grade K)**

Pack your bags, little explorers — we're heading deep into the wild! At Camp Safari, campers will journey through the jungle, savannah, and rainforest as they learn about amazing animals and their habitats. Each day brings new adventures — animal crafts, safari games, scavenger hunts, and jungle-themed stories that make learning come alive.

### **Digging for Dinos Camp (Grade K)**

Calling all future paleontologists! Excavate an adventure packed with fossilized FUN! Uncover clues of the past as you embark on a prehistoric dino dig, you will learn about these extinct creatures through fun games, crafts, adventures, and hunts!

### **Farmyard Fun! (Grade K)**

Get ready to explore all things farm—feed the animals, play in the hay, and discover what makes life on the farm so much fun! You'll learn about goats, chickens, and even sheep, while making farm-themed crafts, singing farm songs, and playing exciting games. Put on your farmer's hat and let's get ready for a barnyard adventure you'll never forget!

### **NEW! Garden Growers (Grade K)**

Get ready to dig in, get messy, and watch the magic of nature come to life! At Garden Growers Camp, our youngest campers will explore the wonders of plants, bugs, and blossoms through hands-on play. Each day brings new adventures — planting seeds, watering flowers, painting garden pots, and even meeting some friendly pollinators!

### **NEW! Mini-Maker Camp (Grade K)**

Mini Maker Camp, creativity blooms in every color! Our youngest artists will paint, sculpt, build, and design their way through a week full of hands-on art adventures. From finger-paint masterpieces and nature collages to colorful clay creations and mixed-media projects, every day brings something new to make and explore!

### **NEW! Outer Space Explorers (Grade K)**

At Outer Space Explorers Camp, our youngest astronauts will journey beyond the stars through hands-on discovery and play. Campers will build rockets, design planets, create shimmering galaxy art, and explore the wonders of the universe — all while learning about teamwork, curiosity, and imagination. Each day is a new mission filled with cosmic crafts, space games, and stellar adventures!

### **Let's Get Messy: A Colorful Adventure (Grades 1–2)**

Get ready to unleash your creativity and dive into a world of color, splatter, and imagination! This camp is all about getting your hands dirty, having fun, and making beautiful masterpieces that are uniquely yours. Whether you're painting with your fingers, molding clay, or creating fun and funky sculptures, there's no wrong way to make art here! Every day brings a new messy adventure with exciting projects! So, roll up your sleeves, put on your smock, and join us for a messy, magical time where the only rule is to have fun and get creative!

### **Level Up Camp (Grades 1–2)**

Let's make some of your favorite video games come to life! In this camp you will become the characters. We will play some fan favorites with out the screens! Some games we will explore are Mario Kart, Mario Party, Sonic Olympics & MORE!

### **NEW! Ninja Academy (Grades 1–2)**

Calling all future ninjas! At Ninja Academy Camp, campers will jump, balance, climb, and crawl their way through exciting obstacle courses, agility challenges, and teamwork missions. Each day brings new adventures that build strength, focus, and confidence — all while having a blast with friends. Campers will create their own ninja names, design headbands, and master their moves. Get ready to unleash your inner ninja!

### **NEW! May the Fun Be With You! (Grades 1–4)**

Calling all young Padawans! At May the Fun Be With You Camp, campers will travel to a galaxy of imagination, teamwork, and adventure. Each day brings exciting missions — from building droids from recycled materials and design a pretend lightsaber, to testing Jedi skills through obstacle courses, games, and creative challenges. Campers will learn the ways of the Force — courage, friendship, and responsibility — as they train to become true Camp Jedi Masters. Get ready to explore the stars, defeat the dark side (of boredom!), and let the fun be with you!

### **NEW! STEM-tastic Camp (Grades 1–4)**

At STEM-tastic Camp, young scientists and engineers will discover how fun learning can be when you mix imagination with hands-on exploration! Campers will experiment, build, and create through exciting activities in Science, Technology, Engineering, and Math — from designing mini bridges and launching rockets to making slime and exploring the wonders of nature. Each day brings new challenges that spark curiosity, teamwork, and problem-solving.

**YMCA CAMP SARGENT**  
141 Camp Sargent Road, Merrimack, NH | 603.966.8847

#### **Summer Camps**

**Summer FUN**  
Grades K–8

**Specialty Camps**  
Grades K–9

**Leaders in**  
**Training Program**  
Grades 9–12



# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.966.8847

## Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades K-9

Leaders in  
Training Program  
Grades 9-12

### Farm Camp (Grades 1-9)

Combining hands-on farm education and sustainable living is what this camp is all about. Campers will interact with animals each day performing chores, learning how to care for them, and understand their importance on a farm. During their time in the camp, each camper will learn about planting, weeding, composting, and harvesting in our vegetable garden.

### Pokémon Academy (Grades 1-9)

Have you ever wanted to bring your Pokémon cards to camp, but have always been told NO! Well here is your chance! Come battle with us. In this camp, campers will learn how to play the game, hunt for Pokémon around camp, and even create their own Pokémon cards. Let the battle begin!

### NEW! Demi-God Training Academy (Grades 3-6)

Step into the world of gods, monsters, and heroic quests in this Percy Jackson-inspired adventure camp! At Demi-God Training, campers will take on challenges modeled after the training young heroes experience in the beloved book series. From "capture the flag" competitions to myth-themed obstacle courses, monster-tracking missions, and ancient-Greek-inspired crafts, every day feels like stepping into Percy's universe. Campers will explore the legends behind the characters, learn about Greek mythology, and team up with fellow "heroes-in-training" to complete quests around Camp Sargent's grounds and lake.

### Harry Potter Camp (Grades 3-6)

Leave Camp Sargent Road and the Muggle world behind us as you transform into a student at Hogwarts School of Witchcraft and Wizardry. This camp is a celebration of all things Hogwarts! Wizards will be able to create and taste their very own Hogwarts snacks, concoct potions, create spell books, create their own magic wands and robes, and so much more! If your inner wizard is dying to get out, then this camp is right up your Diagon Alley!

### Archery Camp (Grades 3-9)

One of the most popular activities at camp, campers will learn proper technique and safety of this sport. Limit 10 Campers per session.

### Camp Sargent Players (Grades 3-9)

Lights, Camera, Action! In this two week camp campers will learn all aspects about the theater! They will play theater games, and work on putting on a production of their own at the end of the two week session for family and friends!

Grades 3-5: Jungle Book

Grades 6-9: Beauty and the Beast

### Paint Here, Paint There, Paint Everywhere Camp (Grades 3-4 & 6-9)

Explore Camp Sargent, and let out your inner artist. Campers will travel around camp to different locations to create art. At the end of the week we will set up a walking Art Walk where family, and friends can come see the art the campers created!

### Boating Camp (Grades 5-9)

Whether you're a seasoned sailor or a beginner, you'll learn the ins and outs of boating while mastering important skills like kayaking, canoeing, and paddleboarding. Our boating team will teach you everything from water safety rules and life jacket use to how to handle boats in different conditions. You'll practice safety drills, participate in fun races, and play exciting water games—all while keeping safety as our top priority.

### NEW! Conquer It! (Grades 5-9)

Adventure awaits at Conquer It Camp, where teamwork, courage, and creativity rule the island! Campers will form "tribes" and take on daily challenges that test their minds, muscles, and teamwork skills — from obstacle courses and scavenger hunts to problem-solving missions and friendly competitions. Each day brings new twists and surprises as tribes earn points, build team flags, and work together to conquer the week's ultimate Survivor Challenge! Along the way, campers will discover the power of friendship, resilience, and the true spirit of adventure.

### NEW! Game On! (Grades 5-9)

Get ready to bring your favorite video games to life — camp style! At Game On! Camp, campers will jump, dodge, build, and strategize their way through real-life challenges inspired by popular video games. Each day features "missions" and "levels" that blend creativity, teamwork, and physical play — from obstacle courses like Mario Kart tracks to Minecraft building challenges and capture-the-flag quests straight out of a gaming world!

### The Pitch (Grades 6-9)

Are you looking for a way to leave your mark on Camp Sargent? Now is your chance! Teens will spend the week in a "Shark Tank" style program developing a plan to pitch their ideas to the camp community. Teens will work to plan, budget, brand, and market their idea to add the next best thing to come to Camp Sargent.



# LEADERS IN TRAINING (LIT) (Grades 9-12)

CAMP DIRECTOR: Tiffany Joslin | [tjoslin@nmymca.org](mailto:tjoslin@nmymca.org) | 603.882.2011 (winter) | 603.966.8847 (summer)

CAMP ADMINISTRATOR: [camp@nmymca.org](mailto:camp@nmymca.org) | 603.598.1533

The Camp Sargent Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

## GRADES 9-12 | PRICE PER SESSION

YMCA Family Member: \$450

YMCA Youth Member: \$500

Community Member: \$530

## SESSION DATES

Session 1: June 22-July 3

Session 2: July 6-17

Session 3: July 27-August 7

Session 4: August 10-21

## CAMP HOURS

9:00am - 4:00pm

Through this program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages, and be an integral part of the Camp Sargent Team. LITs get to be on the ground leaders alongside our staff to create the magic Sargent has to offer. Being an LIT is hard work, but fun work as teens learn and grow together.

As an LIT, your teen will gain experience in the following:

- Team building
- Group Facilitation
- Relationship Building
- Creative Programming
- Positive Youth Development
- Conflict Management and Problem Solving
- Life Skills that will prepare them for the future
- and lots and lots of fun



**YMCA CAMP SARGENT**  
141 Camp Sargent Road, Merrimack, NH | 603.966.8847

## Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades K-9

Leaders in  
Training Program  
Grades 9-12





# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | Camp Director: Kristen Capriotti | [kcapriotti@nymymca.org](mailto:kcapriotti@nymymca.org)

## Camp Hours

Camp Day:  
9 AM – 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$65 per child, per week, covers both



# CAMP REMIX! (Grades 1-6) • June 22 – August 21

CAMP DIRECTOR: Kristen Capriotti | kcapriotti@nmymca.org | 603.881.7778

CAMP ADMINISTRATOR: camp@nmymca.org | 603.598.1533

## NEW! RECREATIONAL CAMP

Our Recreation Camp is designed for campers who love variety, exploration, and active summer fun. Each camp blends movement, creativity, teamwork, and play, giving kids the chance to discover new interests while building confidence and friendships.

### GRADES 1-6 | PRICE PER WEEK

YMCA Family Member: \$270

YMCA Youth Member: \$300

Community Member: \$410

Camp Hours: 9am-4pm

Pre & Post Camp Available: \$65/Week

Financial Assistance may be available to those who qualify.  
Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

### Camp Remix!

Every camp week brings a brand-new theme, turning the entire week into one big adventure! Games, activities, and all the fun are centered around that special theme, so campers always have something exciting to look forward to. Each day is packed with variety — from outdoor play and silly group games to creative arts and crafts, sports, swimming, and classic camp fun. One day we might be creating colorful masterpieces, the next we're racing through themed field games or splashing around at the pool. No two days are ever the same, and that's what makes it awesome! It's the perfect summer experience for campers who love to try new things, make friends, and have a blast doing it!

Week 1 The Great Escape

Week 2 Around the World in 5 Days

Week 3 Splash and Soak

Week 4 Carnival Week

Week 5 Games, Games, Games!

Week 6 Science is Fun!

Week 7 Fun with Fitness

Week 8 Go for the Gold (Olympics week)

Week 9 Time Travelers

### SAMPLE SCHEDULE FOR CAMP REMIX!

7:00-9:00am	<b>PRE CAMP</b> (Child Must Be Registered)
8:30-9:15am	Check In On The Field
9:15-9:30am	Morning Meeting: Song & Announcements
9:30-10:15am	Period 1: Group Time Getting to Know You Games, etc.
10:25-11:10am	Period 2: Swim Time
11:25am-12:05pm	Period 3: Sports & Games
12:00-1:10pm	Lunch Break & Siesta
1:10-1:55pm	Period 4: Nature & Arts
2:05-2:50pm	Period 5: Water Fun
3:00-3:35pm	Closing Ceremonies: Song & Best Part of Day
3:45-4:15pm	Regular Dismissal
4:00-6:00pm	<b>POST CAMP</b> (Child Must Be Registered)

**MERRIMACK YMCA CAMPS**  
6 Henry Clay Drive, Merrimack, NH | 603.881.7778

### Summer Camps

**Camp Remix!**  
Grade 1-6

**Specialty Camps**  
Grades 1-6





# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## CAMP CREATE SPECIALTY CAMPS

(Grades 1-6) • June 22 – August 21

**CAMP DIRECTOR:** Kristen Capriotti | kcapriotti@nmymca.org | 603.881.7778

**CAMP ADMINISTRATOR:** camp@nmymca.org | 603.598.1533

**Specialty camps with a focus on the visual and performing arts. Many camps will have a performance or showing at the end of the week to demonstrate what they learned.** *Details on Specialty Camps availability by week are listed on page 26.*

### GRADES 1-6 | PRICE PER WEEK

YMCA Family Member: \$290

YMCA Youth Member: \$315

Community Member: \$440

Camp Hours: 9am-4pm

Pre & Post Camp Available: \$65/Week

Financial Assistance may be available to those who qualify.  
Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

### Brick Masters (Grades 1-4)

Get ready to build, create, and imagine! In Brickmasters Camp, campers will explore engineering, design, and creativity through hands-on building challenges using LEGO bricks and other materials. Each day brings new themes and group projects that encourage problem-solving, teamwork, and out-of-the-box thinking!

### Color Explosion (Grades 1-4)

Get ready for a week bursting with color and creativity! Campers will explore all things bright and bold through painting, drawing, tie-dye, and other hands-on art projects. Each day features new ways to mix, splash, and experiment with color while learning fun art techniques and expressing their unique style!

### Storybook Adventures (Grades 1-4)

Step into a world of imagination! Each day brings a new storybook adventure filled with creative art projects, music, movement, and make-believe. Campers will bring their favorite tales to life while exploring storytelling, teamwork, and creativity.

### Dance, Dance, Dance (Grades 1-6)

Move, groove, and express yourself through dance! This fun-filled sampler camp lets dancers explore a variety of styles. From jazz and hip hop to ballet and lyrical. Campers will learn exciting combinations, build confidence and coordination, and even get the chance to create their own choreography to share at the end of the week. No experience needed, just bring your energy and creativity!

### Full S.T.E.A.M. Ahead (Grades 1-6)

Get ready to explore, experiment, and create! This hands-on camp brings Science, Technology, Engineering, Art, and Math together in fun, engaging ways. Campers will build, design, and discover through exciting projects and challenges that spark imagination and problem-solving skills. Every day is a new adventure full of creativity and curiosity!

### Mixed Media (Grades 1-2)

Ere your creativity across multiple art forms! Campers will combine painting, drawing, collage, sculpture, and more to create unique, layered works of art. Each day offers new techniques and materials to experiment with, encouraging self-expression, imagination, and problem-solving through hands-on projects.

### Arts Around the World (Grades 1-4)

Pack your bags and get ready for a creative trip around the globe! Each day, campers will explore a new country or culture through art, music, and dance. From colorful crafts and rhythmic beats to fun movement inspired by traditions from every corner of the world, campers will discover how people everywhere express themselves through the arts.

### Artnastics (Grades 1-4)

Get moving and get creative! Artnastics Camp combines the best of both worlds, gymnastics and art! Campers will spend part of the day building strength, balance, and flexibility through fun tumbling and movement activities, then switch gears to explore their artistic side with hands-on projects like painting, sculpting, and crafts. It's the perfect mix of energy and imagination!

### Beats & Brushstrokes (Grades 1-4)

Feel the rhythm and let your creativity flow! Campers will explore the exciting connection between music and art, using sound, rhythm, and movement to inspire colorful masterpieces. Each day blends hands-on art projects with musical games, creative movement, and rhythm play, encouraging campers to express themselves in fresh, imaginative ways.

### Summer Camps

Camp Remix!  
Grade 1-6

Specialty Camps  
Grades 1-6



# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## Musical Theater Mania (Grades 3-4)

Lights, music, action! Campers will dive into the world of musical theater, learning singing, dancing, and acting techniques while exploring fun songs and scenes. Each day includes rehearsals and creative games, culminating in a mini showcase at the end of the week.

## Y Players (Grades 3-8)

Lights up and let the show begin! In this immersive 3-week theater intensive, campers will rehearse and perform a full theatrical production from start to finish. Participants will learn lines, blocking, and stage skills while collaborating to create scenery and props. Campers will build confidence, creativity, and teamwork as they prepare for a free performance for families and friends at the end of the three weeks. A true behind-the-scenes-to-spotlight experience!

## Art Adventure (Grades 5-6)

Dive into a week of creativity and self-expression! Campers will explore a variety of art forms, including painting, drawing, sculpture, and mixed media, while learning fun techniques and experimenting with new materials. Each day is a fresh adventure, encouraging imagination, collaboration, and personal expression. By the end of the week, campers will have a mini collection of their own masterpieces to share and celebrate!

## Comic Quest (Grades 5-6)

Create your own comic book adventure! Campers will learn the art of visual storytelling as they design characters, develop storylines, and bring their ideas to life through drawing and illustration. Along the way, they'll explore lettering, panel design, and color techniques to make their comics pop.

## The Drama Lab (Grades 5-6)

Step into the spotlight and let your imagination run wild! Campers will explore the basics of acting, improvisation, and character creation through fun games, short scenes, and collaborative storytelling. Each day is filled with creative exercises that build confidence, teamwork, and a love for performing.

## The Music Lab (Grades 5-6)

Experiment, create, and explore the world of music! Campers will discover rhythm, melody, and harmony through hands-on activities, group games, and making and playing their own instruments. Each day includes fun challenges that encourage creativity, teamwork, and musical expression.

## Optical Illusion & Line Art (Grades 5-6)

Step into a world of visual tricks and creative design! Campers will explore the art of optical illusions, line techniques, and perspective, learning how to make drawings pop, bend, and move on the page. Each day features hands-on projects that challenge imagination, sharpen focus, and allow students to create eye-catching artworks that wow the eye.

## Strength & Skills (Grades 5-6)

Build strength, confidence, and advanced skills in this action-packed camp! Campers will focus on gymnastics, acro, and cheer while learning proper technique, improving flexibility, and mastering new combinations. Daily activities include conditioning, skill-building challenges, and opportunities to practice jumps, flips, stunts, and routines in a fun, supportive environment.

## World Arts (Grades 5-6)

Travel the globe through creativity! Campers will explore art, music, and dance from cultures around the world, learning about unique traditions while creating their own inspired projects. Each day offers hands-on activities that combine visual arts, rhythm, and movement, encouraging imagination, cultural awareness, and self-expression.

## SAMPLE SCHEDULE FOR CAMP CREATE:

7:00-9:00am	PRE CAMP (Child Must Be Registered)
8:35-9:15am	Check In On The Field
9:15-9:30am	Huddle Up Morning Meeting: Pledge, Announcements & Song
9:30-10:15am	Program Time
10:15-11:00am	Program Time
11:00-11:15am	Hydrate & Bathroom Break
11:15am-12:00pm	Period 3: Outdoor Play!
12:00-1:00pm	Lunch Break & Siesta
1:00-1:45pm	Period 4: Swim Time!
1:45-2:30pm	Program Time
2:30-2:45pm	Hydrate & Snack Break
2:45-3:30pm	Program Time
3:30-3:45pm	Afternoon Huddle
3:45-4:15pm	Regular Dismissal
4:00-6:00pm	POST CAMP (Child Must Be Registered)

## Summer Camps

Camp Remix!  
Grade 1-6

Specialty Camps  
Grades 1-6







# NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | Camp Director: Amy Millard | [amillard@nymymca.org](mailto:amillard@nymymca.org)

## Camp Hours

Camp Day:  
9 AM - 1 PM

## Little Investigators Preschool Camp

A weekly fun-filled summer camp program for kids ages 3-5.  
Let your child have the best summer ever at the YMCA!

## Pre/Post Cost

No before or after  
care offered.



# LITTLE INVESTIGATORS CAMP (Ages 3-5)

CAMP DIRECTOR: Amy Millard | amillard@nmymca.org | 603.882.2011

CAMP ADMINISTRATOR: camp@nmymca.org | 603.598.1533

This is where the fun begins and learning never ends! Let your child explore the Y way with a fun-filled, recreational program.

## AGES 3-5 | PRICE PER WEEK

YMCA Member: \$180

Community Member: \$195

Camp Hours: 9am - 1pm

*Child must be fully potty trained unassisted to attend camp. No before or after care offered. Children will swim once per week.*

Financial Assistance may be available to those who qualify. Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

### Week 1 - Nature Week

#### Little Explorers, Big Adventures in Nature!

Step outside and discover the wonders of the outdoors through hands-on activities, nature walks, and playful exploration. From bug hunts and leaf art to listening for bird songs, each day sparks curiosity. Campers build observation skills, connect with nature, and develop a growing love for the earth—all while enjoying plenty of outdoor fun.

### Week 2 - Water Wonderland

#### Splish, Splash, It's Water Week

Get ready for water-filled fun as campers explore sprinklers, bubbles, pouring stations, floating toys, and simple "boat" races. Each activity encourages curiosity, teamwork, and sensory exploration. Children stay cool in the summer sun while discovering all the exciting ways water moves, splashes, and flows.

### Week 3 - Magical Science

#### Where Little Scientists Discover Big Magic!

Curious kids dive into colors, bubbles, and simple science that feels like magic. Through age-appropriate experiments, they mix potions, watch fizzing reactions, and see rainbows appear. Each playful activity builds imagination and early STEM skills in a safe, nurturing space filled with wonder and discovery.

### Week 4 - Tool Time

#### Little Builders, Big Imagination!

Grab your goggles and get ready to build! Campers explore tools through creative, hands-on play using child-safe tools, blocks, and materials. They practice problem-solving, coordination, and teamwork. Each project helps them discover how things fit and balance while building confidence and creativity like little engineers.

### Week 5 - Books & Buffet

#### A Feast of Stories and Snacks!

Beloved storybooks come to life through cooking, sensory play, and imaginative activities. Campers create themed snacks, mix and measure ingredients, and explore colors and textures inspired by each day's book. This week blends early literacy, creativity, and hands-on food fun in a warm, engaging environment.

### Week 6 - Community Helpers Week

#### Meet the Heroes in Our Neighborhood!

Campers learn about firefighters, doctors, teachers, police officers, mail carriers, and more through stories, creative play, and themed activities. Each day highlights a different helper and their role in the community. Children dress up, role-play, and may even meet real community helpers who inspire curiosity and confidence!

### Week 7 - Bug Bonanza: Bees, Beetles, Butterflies

#### A Tiny World Full of Big Discoveries!

Buzz, flutter, and crawl into the world of insects as campers explore bees, beetles, and butterflies through outdoor adventures, songs, stories, and hands-on activities. They learn how insects help plants grow, where bugs live, and how caterpillars transform. With art and nature play, children experience insects up close.

### Week 8 - Dinosaur Week

#### Stomp, Roar, and Explore with the Dinosaurs!

Get ready for a prehistoric adventure as campers travel back to the age of dinosaurs with fossil digs, volcano creations, and dino-themed stories and play. Each day brings new discoveries—measuring giant footprints, making dino art, or hatching from "dino eggs." A thrilling week for every little paleontologist.

### Week 9 - Green Thumbs Week

#### Little Hands, Big Discoveries in the Garden!

Our youngest campers become little gardeners as they explore nature up close. From planting seeds and watering flowers to discovering worms and learning how things grow, each day offers fresh adventures in our garden world. Campers build curiosity, care skills, and a love for watching things bloom.

24 Stadium Drive, Nashua, NH | 603.882.2011

# NASHUA YMCA CAMPS

## Summer Camps

Little  
Investigators  
Ages 3-5

## WHAT TO PACK

- Extra Change of Clothes
- Water Bottle with Child's Name
- Sunscreen
- Socks and Sneakers
- Bathing Suit, Towel and Flip Flops on Swim and Water Days
- Snacks and Lunches must be Free of Peanuts, Tree nuts, Avocado, and cucumbers.





# WESTWOOD PARK YMCA CAMPS

90 Northwest Blvd, Nashua NH | Camp Director: Matt Haight | [mhaight@nymymca.org](mailto:mhaight@nymymca.org)

## Camp Hours

Camp Day:  
9 AM - 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$65 per child, per week, covers both



# ALL STAR SPORTS ACADEMY

Specialty Camps (Grades 1-9) • June 22 – August 21

CAMP DIRECTOR: Matt Haight | mhaight@nmymca.org | 603.881.7778

CAMP ADMINISTRATOR: camp@nmymca.org | 603.598.1533

All-Star Sports Academy Specialty Camps at Westwood Park is where athletes of all levels sharpen skills, improve their game, and have a blast! From dribbling and footwork to serving and teamwork, campers focus on technique, sportsmanship, and fun. With every drill and game, you'll grow as a confident, well-rounded player!

All campers will be broken up into age groups: Junior Varsity: Grades 1-3 | Varsity: Grades 4-6  
Details on Specialty Camps availability by week are listed on page 27.

## GRADES 1-9 | PRICE PER WEEK

YMCA Family Member: \$290

YMCA Youth Member: \$315

Community Member: \$440

Camp Hours: 9am-4pm \*unless stated otherwise

Pre & Post Camp Available: \$65/Week

Financial Assistance may be available to those who qualify.  
Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

## Basketball Camp (Grades 1-6)

Get ready to dribble, shoot, and score. Whether you're a budding basketball star or just love the game, this camp is all about improving your skills and having a blast while doing it. From expert drills to exciting game-time challenges, you'll master key basketball techniques like ball handling, shooting, passing, and defense. Each day, you'll practice your skills, work on team strategies, and play fun, competitive games that help you put everything into action.

## Flag Football Camp (Grades 1-6)

Ready to make some big plays? Huddle Up Flag Football Camp is the place to learn the game, improve your skills, and have a blast on the field! Whether you're new to flag football or looking to sharpen your game, this camp will teach you all the essential skills—from throwing and catching to running and flag pulling. You'll practice key drills to improve your agility, speed, and teamwork, while learning the rules of the game in a fun, hands-on way. Each day is packed with friendly competition, team-based challenges, and exciting games where you can show off your skills.

## Girls on the Go! Camp (Grades 1-6)

Get ready for a week full of friendship, fun, and active adventures at Girls on the Go! Camp! Designed just for girls entering grades 1-3, this YMCA day camp blends the excitement of sports and games with the creativity of arts and crafts, team challenges, and classic camp fun. Campers will build confidence as they learn new skills, stay active, and discover the power of teamwork in a positive, encouraging, and playful environment. Whether it's scoring goals, creating art, or laughing with new friends, every day is a chance to move, make, and grow together.

## SAMPLE SCHEDULE FOR ALL STAR SPORTS ACADEMY:

7:00-9:00am	PRE CAMP (Child Must Be Registered)
8:30-9:15am	Check In On The Field
9:15-9:30am	Huddle Up Morning Meeting: Pledge, Announcements & Group Warm Up
9:30-10:15am	Period 1: Skills & Drills Individual Sport Focused
10:25-11:10am	Period 2: Rules of the Game
11:20am-12:05pm	Period 3: Team Practice
12:10-1:10pm	Refuel Break Lunch Break & Chill Time
12:10-1:55pm	Period 4: Scrimmage Game Time
2:05-2:50pm	Period 5: Skills & Drills Speed, Agility, Strength, Endurance
3:00-3:30pm	Huddle Up Closing Ceremonies: MVP of the Day, Group Cool Down
3:45-4:15pm	Regular Dismissal
4:00-6:00pm	POST CAMP (Child Must Be Registered)

WESTWOOD PARK YMCA  
Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258

## Summer Camps

### Specialty Camps Grades 1-6

### Dig Deep Camps Grades 4-12





# WESTWOOD PARK YMCA

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258

## Summer Camps

### Specialty Camps Grades 1-6

### Dig Deep Camps Grades 4-12

#### NinjaZone® Camp (Grades 1-6)

Get ready to conquer obstacles and unlock your ninja potential at the NinjaZone®, where strength, agility, and teamwork come together for an epic adventure! This camp is all about building ninja skills through fun drills and exciting challenges. You'll practice climbing, jumping, balancing, and sprinting as you tackle a variety of obstacle courses designed to help you move faster and stronger. Along the way, you'll learn the rules of the ninja, including how to work together as a team to conquer tough challenges and cheer each other on. Whether you're perfecting your parkour moves or testing your speed in friendly games, you'll build confidence, sharpen your focus, and become a true ninja warrior.

#### Pickleball Camp (Grades 1-6)

Join us for an exciting week of fun and friendly competition at Pickleball Camp! Designed for young athletes to learn one of the fastest-growing sports in the country, campers will build skills in serving, volleying, teamwork, and game strategy through age-appropriate drills and plenty of match play. Our younger campers (grades 1-3) will focus on learning the basics through active games and fun challenges, while our older group (grades 4-6) will develop more advanced techniques and compete in daily mini-tournaments. Whether new to the sport or already a fan, everyone will enjoy staying active, building confidence, and having a blast on the court in a positive YMCA environment!

#### Soccer Camp (Grades 1-6)

Whether you're a beginner or looking to sharpen your game, this camp is all about building your soccer skills—like dribbling, passing, shooting, and defending—through fun drills and hands-on practice. You'll also dive into the rules of the game, so you can play with confidence and strategy. Each day, you'll get the chance to put your skills to the test in exciting games and team challenges that will improve your coordination and teamwork.

#### Semi-Pro (Grades 5-9) | Half Days 9am-12pm Boys Basketball Camp - Week 6

Our Boys Basketball Half-Day Summer Camp is designed specifically for grades 7-9 and offers a fun, supportive environment where athletes can build skills, confidence, and a passion for the game. Running 9:00 AM-12:00 PM, this camp emphasizes development of core basketball fundamentals—including dribbling, shooting, passing, and defense—through high-energy drills and small-sided games. Campers will be challenged at their individual skill level while learning teamwork, sportsmanship, and enjoying friendly competition. Whether just starting out or looking to take their game to the next level, this camp provides a positive and motivating summer basketball experience.

#### Girls Basketball Camp

Our Girls Basketball Half-Day Summer Camp is designed specifically for grades 7-9 and provides a fun, supportive environment for athletes to build skills, confidence, and a love for the game. Running 9:00 AM-12:00 PM, this camp focuses on improving core basketball fundamentals such as dribbling, shooting, passing, and defense through engaging drills and small-sided games. Campers will be challenged at their own level while enjoying teamwork, friendly competition, and plenty of fun on the court. Whether new to basketball or looking to sharpen existing skills, this camp offers a positive and empowering summer experience.

#### Sports Performance Training

Our Sports Performance Half-Day Camp is designed to help young athletes prepare their bodies for the upcoming sports season in a fun, structured, and age-appropriate way. Running 9:00 AM-12:00 PM, campers will spend a portion of each morning working alongside our Wellness Department, led by a certified personal trainer, through guided workouts focused on strength, agility, speed, mobility, and injury prevention. The remainder of the camp will emphasize athletic movement, coordination, and sport-based activities to reinforce overall performance. This camp is ideal for athletes looking to build a strong foundation, improve confidence, and enter their season feeling prepared and energized.



# WESTWOOD PARK YMCA

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258

## Dig Deep Volleyball Specialty Camps (Grades 4-12)

Dig Deep Volleyball is a professional indoor volleyball training academy dedicated to developing volleyball athletes of all levels ranging from beginners to collegiate for boys and girls. Our staff is carefully chosen, meticulously trained and takes tremendous pride in the development of our athletes. We are very excited to have Dig Deep join us for another summer of training and fun as part of our All-Star Sports Academy. Please note the times and number of days and pricing are different than our full week camps.

### All Skills Beginners Camp:

Grades 4-9 | June 23-26 & July 7-10 | 9am-12pm  
Family: \$220 | Youth: \$240 | Community: \$340

### Intermediate Level Camp:

Grades 7-12 | July 21-24 | 9am-3pm  
Family: \$375 | Youth: \$425 | Community: \$525

### Pre-Tryout Camp for Middle School:

Grades 6-8 | August 25-27 | 9am-12pm  
Family: \$220 | Youth: \$240 | Community: \$340

### Advanced Skills Camp:

Grades 10-12 | August 4-6 | 6:00-8:30pm  
Family: \$220 | Youth: \$240 | Community: \$340

### Advanced Skills Camp Setter/Hitter:

Grades 9-12 | July 8-9 | 6:00-8:30pm  
Family: \$220 | Youth: \$240 | Community: \$340

### Advanced Skills Camp Defense:

Grades 9-12 | July 8-9 | 6:00-8:30pm  
Family: \$220 | Youth: \$240 | Community: \$340



## Experience the Fun of Camp Before Summer!

the **Y**  
**SCHOOL  
VACATION  
CAMPS**

### FEBRUARY & APRIL SCHOOL BREAK CAMPS!

Bring the excitement of camp to your kids this February and April school vacation. Campers will enjoy trying new activities, making friends, and experiencing the energy of camp!

Sign-ups begin three weeks before each school break. Scan the QR code to register.



### SPORTS SAMPLER CAMP

AT WESTWOOD PARK Y • AGES 6-14

Campers enjoy a day of action, trying sports and activities! They'll tackle the NinjaZone® Course, play basketball and soccer, and more.

A fun, high-energy way to stay active and discover new favorites!

### DANCE, DANCE, DANCE CAMP

AT NASHUA Y • AGES 6-12

Campers spend the day moving and creating! They'll learn dance styles, invent routines, enjoy swimming, arts and crafts, games, and more. A lively way to express creativity, stay active, and make new friends!

### Summer Camps

Specialty Camps  
Grades 1-6

Dig Deep Camps  
Grades 4-12



# SPECIALTY CAMPS SCHEDULE

Financial Assistance may be available to those who qualify.  
Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM – 4 PM. Grade determination based on the grade the camper is entering in Fall 2026. ^Week 10 camp registrations are a single day week.

## Camp Sargent on Lake Naticook *(Camp descriptions on pages 8–13)*

Camp Name	Grade	Price	Wk 1 6/22- 6/26	Wk 2 6/29- 7/3	Wk 3 7/6- 7/10	Wk 4 7/13- 7/17	Wk 5 7/20- 7/24	Wk 6 7/27- 7/31	Wk 7 8/3- 8/7	Wk 8 8/10- 8/14	Wk 9 8/17- 8/21	Wk 10^ 8/24- 8/28
Summer Fun Week-Long Camp	K-8	YFM-\$270 YYM-\$300 CM-\$410	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Summer Fun Single-Day Camp	K-8	YFM-\$54 YYM-\$60 CM-\$82										<input type="checkbox"/>
Pre Camp and Post Camp are available for all Camp Sargent Camps : \$65 per child, per week.												
Camp Name	Grade	Price	Entering Kindergarten									
<b>NEW!</b> Camp Safari	K	YFM-\$290 YYM-\$315 CM-\$440	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Digging for Dinos Camp	K		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Farmyard Fun Camp	K		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> Garden Growers Camp	K		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> Mini- Makers Camp	K		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> Outer Space Explorers	K		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades 1-2									
Farm Camp	1-2	YFM-\$290 YYM-\$315 CM-\$440	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Let’s Get Messy Camp	1-2		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Level Up Camp	1-2		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> Ninja Academy	1-2		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> May the Fun Be With You!	1-2		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> STEM- tastic Camp!	1-2		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pokémon Academy	1-2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades 3-4									
Archery Camp	3-4	YFM-\$290 YYM-\$315 CM-\$440	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> Demi-God Training Academy	3-4		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Farm Camp	3-4		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Harry Potter Camp	3-4		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEW!</b> May the Fun Be With You!	3-4		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Camp Sargent on Lake Naticook (Camp descriptions on pages 8-13)

Camp Name	Grade	Price	Wk 1 6/22- 6/26	Wk 2 6/29- 7/3	Wk 3 7/6- 7/10	Wk 4 7/13- 7/17	Wk 5 7/20- 7/24	Wk 6 7/27- 7/31	Wk 7 8/3- 8/7	Wk 8 8/10- 8/14	Wk 9 8/17- 8/21	Wk 10^ 8/24- 8/28
Camp Name	Grade	Price	Entering Grades 3-4 cont'									
<b>NEW!</b> STEM-tastic Camp!	3-4	YFM-\$290 YYM-\$315 CM-\$440	<input type="checkbox"/>									
Paint Everywhere Camp	3-4									<input type="checkbox"/>		
Pokémon Academy	3-4						<input type="checkbox"/>					
Camp Name	Grade	Price	Entering Grades 5-6									
Archery Camp	5-6	YFM-\$290 YYM-\$315 CM-\$440				<input type="checkbox"/>			<input type="checkbox"/>			
Boating Camp	5-6							<input type="checkbox"/>				
<b>NEW!</b> Conquer It!	5-6				<input type="checkbox"/>							
<b>NEW!</b> Demi-God Training Academy	5-6										<input type="checkbox"/>	
Farm Camp	5-6		<input type="checkbox"/>									
<b>NEW!</b> Game On!	5-6			<input type="checkbox"/>								
Harry Potter Camp	5-6						<input type="checkbox"/>					
Pokémon Academy	5-6									<input type="checkbox"/>		
Camp Name	Grade	Price	Entering Grades 6-9									
Archery Camp	6-9	YFM-\$290 YYM-\$315 CM-\$440		<input type="checkbox"/>						<input type="checkbox"/>		
Boating Camp	6-9		<input type="checkbox"/>									
<b>NEW!</b> Conquer It!	6-9										<input type="checkbox"/>	
Farm Camp	6-9				<input type="checkbox"/>							
<b>NEW!</b> Game On!	6-9					<input type="checkbox"/>						
Paint Everywhere Camp	6-9						<input type="checkbox"/>					
Pokémon Academy	6-9							<input type="checkbox"/>				
The Pitch	6-9								<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 3-9									
Camp Sargent Players (2 Week Session)	3-5	YFM-\$580 YYM-\$630 CM-\$880						<input type="checkbox"/>				
Camp Sargent Players (2 Week Session)	6-9					<input type="checkbox"/>						
Camp Name	Grade	Price	Entering Grades 9-12									
Leaders in Training (2 Week Session)	9-12	YFM-\$450 YYM-\$500 CM-\$530	<input type="checkbox"/>		<input type="checkbox"/>			<input type="checkbox"/>		<input type="checkbox"/>		



# SPECIALTY CAMPS SCHEDULE

Financial Assistance may be available to those who qualify.  
Visit [www.nmymca.org/financialaid](http://www.nmymca.org/financialaid) for more information.

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM – 4 PM. Grade determination based on the grade the camper is entering in Fall 2026.

## Camps at the Merrimack YMCA *(Camp descriptions on pages 14-17)*

Camp Name	Grade	Price	Wk 1 6/22- 6/26	Wk 2 6/29- 7/3	Wk 3 7/6- 7/10	Wk 4 7/13- 7/17	Wk 5 7/20- 7/24	Wk 6 7/27- 7/31	Wk 7 8/3- 8/7	Wk 8 8/10- 8/14	Wk 9 8/17- 8/21
Camp Remix!	1-6	YFM-\$270 YYM-\$300 CM-\$410	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pre Camp and Post Camp are available for all Camp Create Camps : \$65 per child, per week.											
Camp Name	Grade	Price	Entering Grades 1-2								
Arts Around the World	1-2	YFM-\$290 YYM-\$315 CM-\$440							<input type="checkbox"/>		
Artnastics	1-2			<input type="checkbox"/>							
Beats & Brushstrokes	1-2									<input type="checkbox"/>	
Brick Masters	1-2						<input type="checkbox"/>				
Color Explosions	1-2					<input type="checkbox"/>					
Dance, Dance, Dance	1-2							<input type="checkbox"/>			
Full S.T.E.A.M. Ahead	1-2										<input type="checkbox"/>
Mixed Media	1-2				<input type="checkbox"/>						
Storybook Adventures	1-2		<input type="checkbox"/>								
Camp Name	Grade	Price	Entering Grades 3-4								
Arts Around the World	3-4	YFM-\$290 YYM-\$315 CM-\$440				<input type="checkbox"/>					
Artnastics	3-4									<input type="checkbox"/>	
Beats & Brushstrokes	3-4										<input type="checkbox"/>
Brick Masters	3-4						<input type="checkbox"/>				
Color Explosions	3-4		<input type="checkbox"/>								
Dance, Dance, Dance	3-4								<input type="checkbox"/>		
Full S.T.E.A.M. Ahead	3-4							<input type="checkbox"/>			
Musical Theater Mania	3-4				<input type="checkbox"/>						
Storybook Adventures	3-4			<input type="checkbox"/>							
Camp Name	Grade	Price	Entering Grades 5-6								
Art Adventures	5-6	YFM-\$290 YYM-\$315 CM-\$440									<input type="checkbox"/>
Comic Quest	5-6					<input type="checkbox"/>					
Dance, Dance, Dance	5-6									<input type="checkbox"/>	
Full S.T.E.A.M. Ahead	5-6						<input type="checkbox"/>				
The Drama Lab	5-6								<input type="checkbox"/>		
The Music Lab	5-6			<input type="checkbox"/>							
Optical Illusion & Line Art	5-6							<input type="checkbox"/>			
Strength & Skills	5-6				<input type="checkbox"/>						
World Arts	5-6		<input type="checkbox"/>								
Camp Name	Grade	Price	Entering Grades 3-8								
Y Players	3-8	YFM-\$850 YYM-\$900 CM-\$950		<input type="checkbox"/>							

# SPECIALTY CAMPS SCHEDULE

Financial Assistance may be available to those who qualify.  
Visit [www.nnymca.org/financialaid](http://www.nnymca.org/financialaid) for more information.

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM – 4 PM, unless noted otherwise. Grade determination based on the grade the camper is entering in Fall 2026.

## Camps at the Westwood Park YMCA (Camp descriptions on pages 20-23)

Camp Name	Grade	Price	Wk 1 6/22- 6/26	Wk 2 6/29- 7/3	Wk 3 7/6- 7/10	Wk 4 7/13- 7/17	Wk 5 7/20- 7/24	Wk 6 7/27- 7/31	Wk 7 8/3- 8/7	Wk 8 8/10- 8/14	Wk 9 8/17- 8/21
Pre Camp and Post Camp are available for all Sports Camps : \$65 per child, per week.											
Camp Name	Grade	Price	Rookies: Entering Grades 1-2								
Basketball Camp	1-2	YFM-\$290 YYM-\$315 CM-\$440	<input type="checkbox"/>					<input type="checkbox"/>			
Flag Football Camp	1-2			<input type="checkbox"/>		<input type="checkbox"/>					
Girls on the Go!	1-2		<input type="checkbox"/>								
NinjaZone® Camp	1-2				<input type="checkbox"/>					<input type="checkbox"/>	
Pickelball Camp	1-2										<input type="checkbox"/>
Soccer Camp	1-2							<input type="checkbox"/>		<input type="checkbox"/>	
Camp Name	Grade	Price	Junior Varsity: Entering Grades 3-4								
Basketball Camp	3-4	YFM-\$290 YYM-\$315 CM-\$440		<input type="checkbox"/>						<input type="checkbox"/>	
Flag Football Camp	3-4				<input type="checkbox"/>						<input type="checkbox"/>
Girls on the Go!	3-4							<input type="checkbox"/>			<input type="checkbox"/>
NinjaZone® Camp	3-4		<input type="checkbox"/>						<input type="checkbox"/>		
Pickelball Camp	3-4					<input type="checkbox"/>		<input type="checkbox"/>			
Soccer Camp	3-4							<input type="checkbox"/>			
Camp Name	Grade	Price	Varsity: Entering Grades 5-6								
Basketball Camp	5-6	YFM-\$290 YYM-\$315 CM-\$440			<input type="checkbox"/>	<input type="checkbox"/>					
Flag Football Camp	5-6		<input type="checkbox"/>							<input type="checkbox"/>	
Girls on the Go!	5-6				<input type="checkbox"/>						
NinjaZone® Camp	5-6						<input type="checkbox"/>				<input type="checkbox"/>
Pickelball Camp	5-6				<input type="checkbox"/>						
Soccer Camp	5-6								<input type="checkbox"/>		
Sports Performance Training	5-6									<input type="checkbox"/>	
Camp Name	Grade	Price	Semi-Pro: Entering Grades 7-9 • Half Days 9am-12pm								
Boys Basketball Camp	7-9	YFM-\$290 YYM-\$315 CM-\$440							<input type="checkbox"/>		<input type="checkbox"/>
Girls Basketball Camp	7-9						<input type="checkbox"/>				
Sports Performance Training	7-9						<input type="checkbox"/>				
Camp Name	Grade	Price	Dig Deep Volleyball Camps: Entering Grades 4-12								
Dig Deep Volleyball Specialty Camps	4-12	For full details on dates and pricing for all Dig Deep Specialty Camps, see page 23.									



# EXPERIENCE THE MAGIC OF CAMP SARGENT!



Discover all that our Y Summer Camps have to offer at our Open House!

**SATURDAY, MAY 16 • 1:00PM – 3:00PM**  
**YMCA Camp Sargent**

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**at Camp Sargent**



## JOIN OUR SUMMER 2026 CAMP TEAM!

**We're Hiring Camp Staff for Summer 2026 at Camp Create, Sports Camp, and Camp Sargent!**

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- **Work Outdoors** – Spend your summer in the fresh air, leading fun activities.
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Merrimack, NH 03054  
P: 603.966.8847  
[www.campsargent.org](http://www.campsargent.org)

**Merrimack YMCA**  
6 Henry Clay Drive  
Merrimack, NH 03054  
P: 603.881.7778  
[www.nmymca.org](http://www.nmymca.org)

**Nashua YMCA**  
24 Stadium Drive  
Nashua, NH 03062  
P: 603.882.2011  
[www.nmymca.org](http://www.nmymca.org)

**Westwood Park YMCA**  
90 Northwest Boulevard  
Nashua, NH 03063  
P: 603.402.2258  
[www.nmymca.org](http://www.nmymca.org)