



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRENGTH IN COMMUNITY. PURPOSE IN TOGETHERNESS.

We strengthen community, nurture and educate children, and inspire healthy living for all.



**2025 IMPACT REPORT**  
YMCA OF GREATER NASHUA



Those who served the Y in the 2024–2025 fiscal year

## YMCA BOARD OF DIRECTORS

### OFFICERS:

Joy Devins	<i>Chief Volunteer Officer</i>
Joseph Thomas	<i>Vice-Chair</i>
John (Jack) Olson	<i>Treasurer</i>
Deborah Novotny	<i>Secretary</i>
Andy Whigham	<i>Immediate Past Chief Volunteer Officer</i>

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Gregg Gordon	JJ Poirier	
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## YMCA BOARD OF TRUSTEES

### OFFICERS:

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Andrea Riley-Arnesen	<i>Vice-Chair</i>

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Peggy Gilmour	Tony Mandravelis	Timothy Vadney
Frank Grossman	Jennifer Melker	Ken Weintraub
Morgan Hollis	John Mokas	

The YMCA of Greater Nashua Board of Directors provides governance, policy, direction, and fundraising support for our Association.

The visionary leadership of these volunteers helps our entire YMCA association provide extraordinary experiences for individuals and families throughout southern New Hampshire and beyond.

## YMCA LEADERSHIP STAFF

Michael LaChance	Chief Executive Officer
Joseph Manzoli	Chief Operating Officer
Cynthia McNickle	Chief Financial Officer
Jennifer Colangelo	Chief Human Resources Officer
Roree M. Warnke	Chief Development Officer
Lynne Boyer	Executive Director of Community Impact
Carlisa Choate	Executive Director of Education
Katie Parker	Executive Director of Member Experience
Edward Glomb	Director of Facilities and Risk Management

Platinum  
Transparency  
2025

Candid.

Charity  
Navigator



FOUR-STAR  
2025





## A LETTER FROM THE CVO AND CEO

For 138 years, the YMCA of Greater Nashua has been a cornerstone of our community—meeting the evolving needs of families and individuals across 13 surrounding towns.

This past year, we reached a historic milestone by serving more than 40,000 people. This reflects both the growing needs of our region and the extraordinary dedication of our staff, volunteers, and donors who make the Y's mission come alive every day.

At the heart of our work is a simple but powerful promise: the Y is for everyone. Through innovative, high-quality programs and more than \$1.5 million in financial assistance and free services, we eliminated barriers and ensured that every child, family, and neighbor had access to opportunities for achievement, meaningful relationships, and belonging.

Because of your support, this past year was filled with remarkable impact:

- **Strengthening Education:** We launched a complete renovation and expansion of our early education center. This center was already the largest child care site in NH and the largest YMCA child care site in the US.

We expanded Power Scholars Academy into Milford to support summer learning, and helped more students return to school confident and prepared.

- **Advancing Health:** Through additional grant support we were able to expand chronic disease prevention and management programs, helping members live healthier, more fulfilling lives.

- **Fighting Hunger:** Together with the United Way, we launched a new food distribution program, now operating pantries in Merrimack and Nashua and a "to-go" shelf at Westwood Park, making sure families have access to healthy meals.

- **Enriching Experiences:** At Camp Sargent, we completed significant improvements—from a new waterfront bathhouse to shade sails at Arts & Crafts and an expanded Recreation Hall deck—enhancing the camp experience for generations to come.

These are not just accomplishments. They are the vehicles we use to positively impact the lives of thousands of area residents: a child thriving in school or developing new skills, a family finding food security, a neighbor managing their health with dignity.

Looking ahead, we are excited to continue building on this momentum. Additional facility renovations are in the planning stages, and we are committed to deepening our reach through strong partnerships, meaningful volunteer opportunities, and innovative programs—always prioritizing those who need us most.

None of this is possible without you. Thank you for believing in the Y, for standing with us, and for helping us strengthen the foundations of community. Together, we are creating lasting change.

The Y is more than a place—it's a movement. And with you by our side, we are shaping a stronger, healthier, and more connected Greater Nashua for generations to come.

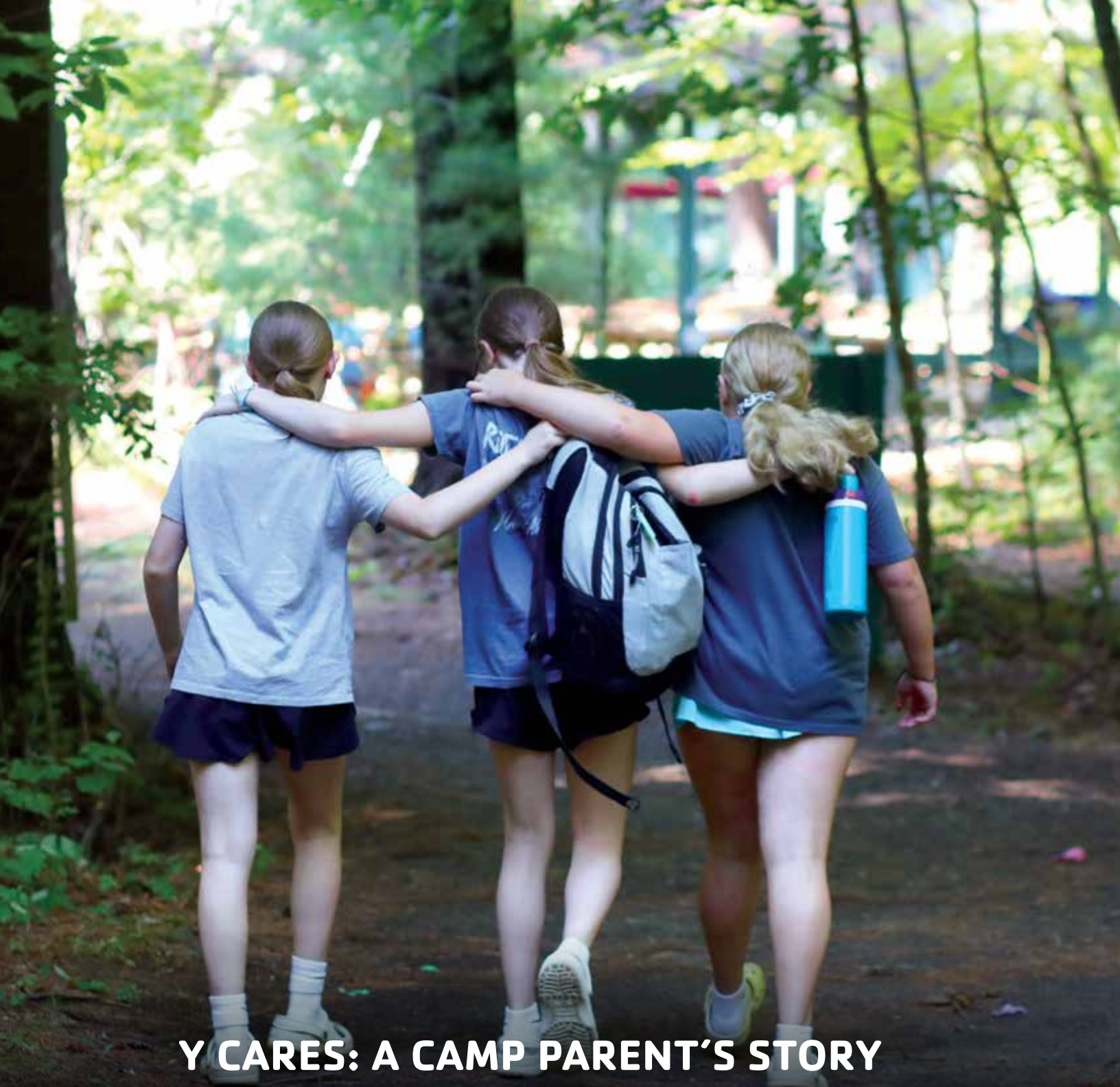


**Joy Devins**  
Chief Volunteer Officer



**Mike LaChance**  
Chief Executive Officer





## Y CARES: A CAMP PARENT'S STORY

"When I dropped the boys off on the first day, I was so nervous as this was their first real time being away from me. I am a single mom of three kids. I work during the day so I needed to find a place where my kids could go, and a place I could trust in keeping them safe. A week into summer my car broke down, and I had to use the money I had put away for camp into that. My boys fell in love with camp, and were starting to really come out of their shell. When I picked them up each day, they would be so excited to tell me what they did, what silly song they sang, and something awesome that their counselor did. I didn't want to take that away from them. I received Y Cares scholarships to help cover the cost of camp. I am so grateful for what the Y did for my family! I can never repay them for the amazing summer they gave my boys!"

.....

# The YMCA is, and always will be, dedicated to building healthy, confident, connected, and secure children, adults, families and communities.

The Y is committed to enhancing the physical, mental, and overall well-being of our community. Joining the Y provides more than access to a building—it connects you to a movement dedicated to improving health, preventing disease, and fostering long-term healthy lifestyles. Together, we aim to uplift the overall health of the Greater Nashua region.

As a 501(c)(3) volunteer-founded and volunteer-led organization, the Y's mission is to build social connectedness, strengthen support networks, and encourage community investment. These efforts reinforce the foundation of our community without placing financial burdens on surrounding cities and towns, easing the demands on local government.

While membership dues and program fees support daily operations, the YMCA of Greater Nashua relies on the generosity of individuals, businesses, and grant funders

to sustain its annual fundraising efforts. This essential support helps us continue offering financial assistance and charitable services to people of all income levels. In fiscal year 2024-25 alone, we provided \$1,509,000 in financial assistance and essential services that address the diverse needs of our community in areas like youth development, healthy living, and social responsibility.

Through our activities, the Y has significantly expanded access to wellness programs, health services, educational enrichment, childcare, arts & humanities, teen leadership, and more. These programs especially benefit children, individuals with disabilities, the aging population, and other at-risk groups. The Y remains dedicated to building healthy, confident, connected, and secure individuals, families, and communities for years to come.

## **\$1,509,000** in community benefits and services to those in need in our community

**\$947,000** awarded in Y Cares Financial Assistance Scholarships to enable children, adults and seniors with limited financial means to participate in any Y program or service. Significant aid is for childcare, after school care and summer camp, allowing parents who are low-wage earners to work or return to school and afford quality childcare.

**\$562,000** was invested by the Y and our funding partners toward community-based initiatives. We provide several evidence-based programs at no cost including: YMCA Power Scholars Academy, LiveSTRONG at the YMCA, and Prescribe the Y. Additionally we demonstrate social responsibility by allowing many nonprofits free use of our facilities to plan and carry out their work. Y staff play an active role in many community-wide initiatives related to closing the achievement gap and public health.





## THE Y: HERE FOR GOOD

We know that lasting personal and social change comes about when we all work together. That's why at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive.

.....

# OUR IMPACT AT A GLANCE

The Y is the one place that people of all ages, color, educational levels, income levels, orientations, identities, abilities, and religions go to because they want to – not because they have to.

## MEMBERSHIP



## PARTNERSHIPS AND VOLUNTEERS



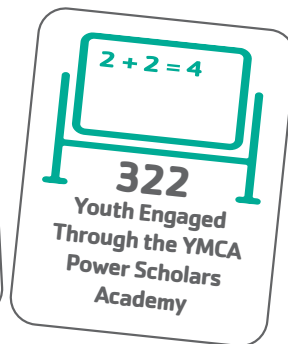
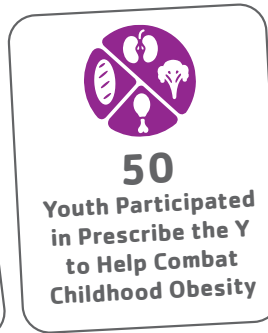
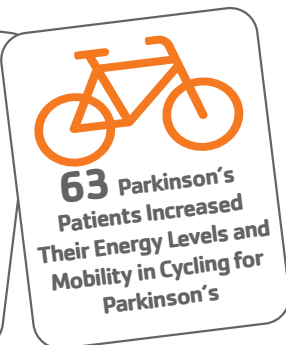
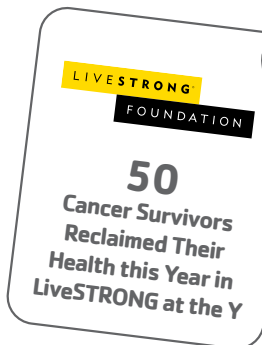
## SUMMER CAMP



## PROGRAMS



## COMMUNITY PROGRAMS









## NURTURING POTENTIAL

At the YMCA of Greater Nashua, every child is met with care, encouragement, and opportunity. Through engaging programs, dedicated staff, and safe, welcoming spaces, we help young people discover their strengths, build confidence, and grow into their full potential.



### SAFETY, SKILLS AND SMILES

Water safety is a top priority for the Merrimack YMCA family of Tim, Erin, and their sons, Declan (7) and Brendan (4). A year and a half ago, Brendan—then 3—fell into a dip pool while on vacation in Florida. Erin jumped in and pulled him out, a frightening

experience that prompted the family to seek more structured swim lessons.

Brendan, who has epilepsy, now takes personal lessons at the Merrimack Y, with staff carefully prepared to monitor his condition. His brother Declan, initially hesitant in deep water, has also made incredible progress. "It's not just their swimming that's improved—their confidence has grown so much," Tim and Erin shared.

Beyond lessons, the family enjoys Y activities together, from floor hockey to Ninja classes. When asked what they love most about swimming, both boys smile and say: "Going underwater!"



### GUIDING GROWTH

Karyn Burgess began her Y journey in 2011 as a Camp Sargent counselor, combining her love for children with her aspiration to become an educator. After earning her Education degree from Fitchburg State College, she spent 18 months teaching in the Philippines before

returning to the Y as Lead Teacher in the former Kindergarten Extension program.

In 2021, Karyn joined the Y's Power Scholars Academy as Lead Teacher for middle school students, helping prevent summer learning loss through literacy, math, enrichment, and field trips. She has served three summers as an Instructional Coach, fostering academic growth and confidence.

Now working in Special Education at Amherst Street Elementary School, Karyn values seeing familiar students and helping them feel supported. Drawing on her own experience overcoming childhood reading challenges, she is passionate about ensuring every child feels they belong and has access to opportunities they might not otherwise experience.



### EXPANDING OUR EFFORT

This summer, we expanded our impactful Power Scholars Academy program to the Milford community, in addition to Nashua. This expansion allowed us to reach more students and serve new communities. Our staff worked closely with the Milford School

District to recruit staff and refer students to the five-week program.

Across both districts, 322 students participated in the free program, which includes math and literacy instruction, transportation, enrichment activities, meals, and field trips. Pre- and post-program assessments showed an average of two months of academic growth across all participants.



## BUILDING HEALTHY FUTURES

Healthy Kids Day is a Y signature event celebrated nationwide each April to inspire healthy habits in youth. Each year, we partner with the Greater Merrimack–Souhegan Valley Chamber of Commerce to host Healthy Kids Fest, bringing together community organizations and vendors to provide fun, healthy activities for children and families. Drawing more than 2,000 participants to our Westwood Park branch, the free event showcases the powerful impact of the Y and our community partners in supporting the health and well-being of local youth and families.



## BALANCED LIVES

We believe well-being is more than physical strength—it's the balance of spirit, mind, and body. This year, we deepened our commitment to helping every individual find that balance through support, connection, and opportunities to heal and grow together. Whether recovering, rebuilding, or simply striving for a healthier tomorrow, our members remind us that true wellness begins with community.



### HEALING AND BELONGING AT THE Y

For nearly 20 years, Bishop Stanley Choate has been part of the YMCA community, but the past five have been the most transformative. Along with many of his family members, he has found strength, support, and belonging through the Y.

His journey began at the former Prospect Street location, where he came to exercise and play basketball. Now 80, Bishop uses the Y for rehabilitation after surviving a life-changing incident when he was shot while officiating a wedding. The recovery was long and painful, requiring him to relearn how to walk and rebuild his strength. When his doctor recommended exercise therapy, Bishop Choate returned to the Y, where staff supported him throughout his healing journey.

He credits the Y for playing a crucial role in his recovery, saying that exercise helps him both physically and mentally. He also values the friendships and sense of belonging he's found in the Y community. "I have found being a part of the Y to be very rewarding."



### STAYING STRONG

If you've lived in the area for a while, you likely recognize Al Kaprielian, the longtime WNDS Channel 50 meteorologist known for his signature voice and engaging personality. A Y member since November 2024, Al grew up in Natick, MA, spent summers at camp, and earned his meteorology degree from

Lyndon State College in 1983. He soon settled in Derry, NH, beginning a TV career that spanned more than 25

years. While his station is no longer on the air, Al continues sharing forecasts on the radio and hasn't fully retired.

Living in Merrimack since 2000, Al joined the Y to stay active and healthy after two hip replacements. He now walks at least three miles daily on the indoor track, crediting it with keeping him strong and mobile. For Al, the Y is more than exercise, it's a welcome change of pace. "I feel different when I leave here, like a weight has been lifted."



### RECOVERY TO RENEWAL

Jan Alexander's first experience with the Y was years ago when she brought her infant son to swim lessons at the Lowell Y. Today, she has her own inspiring journey of resilience and recovery.

After quitting smoking in 2017, Jan received regular lung screenings until the pandemic paused the program. When screenings resumed, a nodule was discovered, leading to surgery in December 2023. Recovery began with slow walks at the Nashua Y, sometimes taking 30 minutes to complete a single lap. With perseverance, she gradually rebuilt strength and improved her breathing.

Early in 2024, Jan learned she needed chemotherapy. Though treatment required a pause, she returned afterward with encouragement from family and Y staff. She joined the LiveSTRONG® program, which she credits with restoring her confidence, strength, and friendships. Inspired by instructors and peers, she added more classes, formed lasting relationships, and applied for a job. Hired at the Westwood Park Y Welcome Center in March, she now balances work with regular workouts, walking over three miles daily and taking group class.

With three clear CAT scans, Jan continues to grow stronger. "The Y has motivated me physically and mentally."





## MEASURING IMPACT

### The Power of Collective Effort

This past year, our volunteers at the YMCA of Greater Nashua donated an incredible 4,941 hours of service—the equivalent of nearly 28 months of full-time work. With 300 individuals contributing their time and energy, the average volunteer logged 16.5 hours of service, collectively delivering over 13.5 hours of community support for every single day of the year. For many, this is akin to a full day's work, underscoring the deep dedication that fuels our YMCA community. This level of service is a testament to the sense of belonging and purpose we cultivate at the Y, where individuals come together to connect, support one another, and take meaningful action. Volunteering isn't just something we do—it's how we live out our mission to build a caring, compassionate community.





## INSPIRING ACTION

At the heart of community engagement, volunteerism empowers individuals to make a meaningful difference while developing skills, forging connections, and driving lasting change. Founded on a mission of social responsibility, the YMCA of Greater Nashua remains steadfast in this commitment. It is the foundation of our work today and will continue to be for generations to come.



### BUILDING BELONGING

Betsy McMahon's journey with the Y began in 2005 as the first volunteer greeter at the Merrimack branch, a milestone that thrilled her parents. With encouragement from her caregiver, she later transitioned into a paid Welcome Center role—"a small thing for the Y but a huge thing for us," her

dad, Tim, shared.

Betsy takes pride in welcoming members, learning names, and building friendships. "I love meeting people, being social, and helping them out," she said. She also values earning a paycheck and the independence it brings.

Beyond work, Betsy stays active with Personal Training, enjoying treadmill walks, weights, yoga, and basketball. The workouts have boosted her health and confidence.

Her dad believes Betsy's presence has positively shaped perspectives about individuals with special needs: "We're very grateful to the Y."



### ACHIEVEMENT THROUGH SERVICE

Noah Richardson's love for swimming began at age six and has grown into a lifelong passion. At 13, seeking a healthier team culture, he joined the YMCA of Greater Nashua's STORM swim team in 2021 and quickly connected with coaches and teammates.

Swimming is central to the Richardson family—both of Noah's sisters also compete—and another family tradition is earning the Congressional Award Gold Medal. Recently, Noah proudly became the third sibling to achieve this nation's highest honor for youth civilians.

To earn the Gold Medal, Noah completed 400 hours of public service, 200 hours each of personal development and physical fitness, plus a multi-day expedition. Swim training fulfilled the fitness requirement, and volunteering as a Junior Coach provided service hours. For personal development, he explored baking and launched a website. His expedition was a three-week cultural immersion in Peru.

Reflecting on the two-year journey, Noah said, "The Congressional Award has made me more well-rounded, teaching me to serve others, pursue passions, and grow as a person."



### SUPPORTING OUR PARTNERS

Dr. Laura Landerman-Garber's connection to the YMCA is rooted in a family tradition. "The philosophy behind the Y was really important to my parents," she says, reflecting on values like caring, respect, responsibility, honesty, and community impact that

shaped her upbringing.

After moving to New Hampshire and starting a family, the YMCA of Greater Nashua became central to their lives. Her children took swim and tennis lessons, attended camp, and even worked at the Y. Though they are now grown, the Y continues to provide Laura with community and connection.

In 2003, inspired by the sacrifices of military families, Laura encouraged her children to write holiday cards for veterans. What began as a small family gesture expanded, leading her to launch the Holiday Card Challenge, a nonprofit that has sent over 1.5 million cards to military personnel, veterans, shelters, and families across all 50 states.

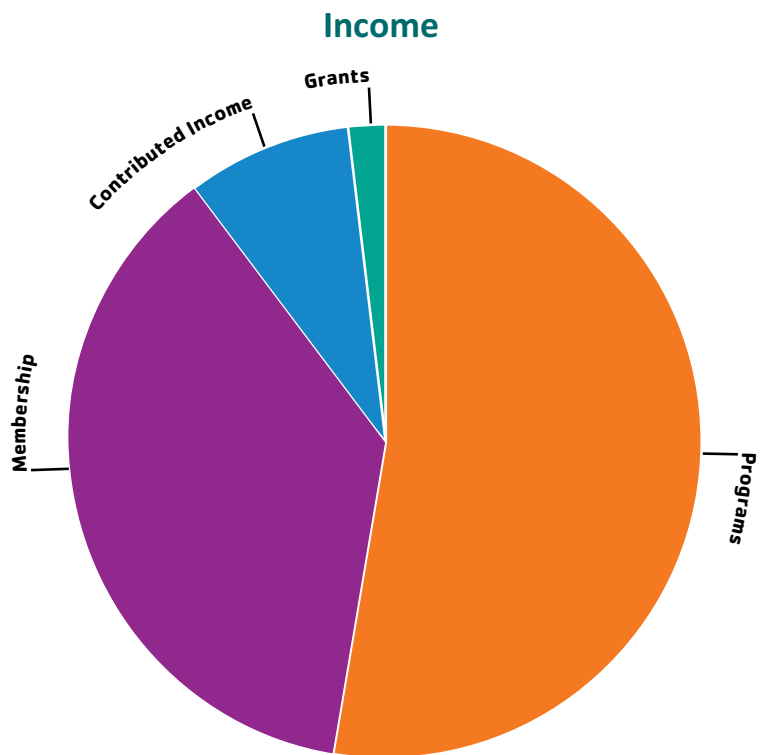
"Each year, Y students and participants fill out hundreds of cards," Laura says, embodying the Y's values and inspiring service in the community.

# UNAUDITED FINANCIAL STATEMENT

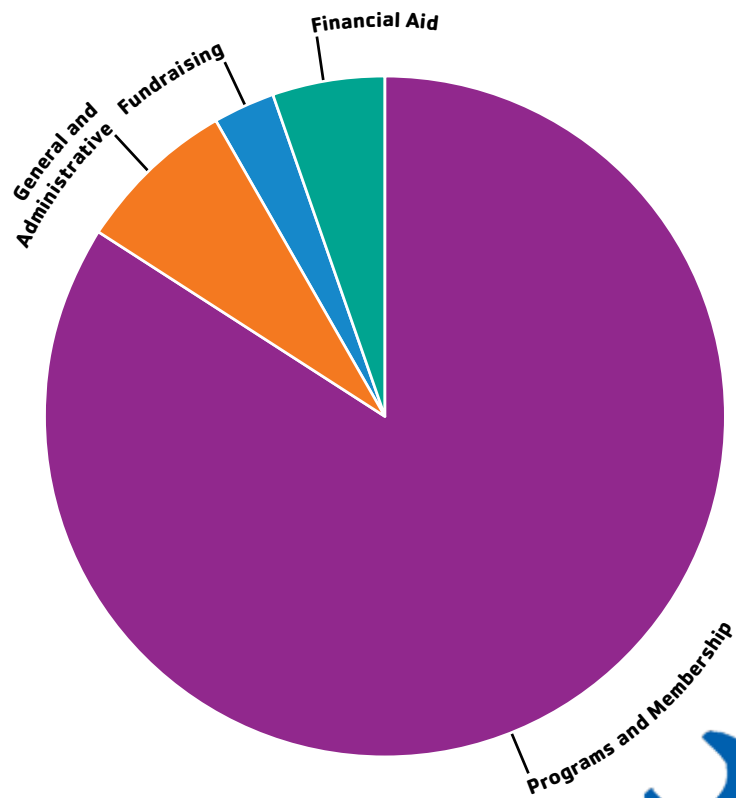
Year Ending August 31, 2025

## INCOME

Programs	\$9,757,000
Membership	\$6,893,000
Contributed Income	\$1,563,000
Grants	\$ 362,000
<hr/>	
<b>Total Income</b>	<b>\$18,575,000</b>



## Expenses



## EXPENSES

Programs & Membership	\$15,237,000
General & Administrative*	\$1,381,000
Fundraising	\$536,000
Financial Aid	\$947,000

**Total Expenses** **\$18,101,000**

\*Includes salaries & wages, IT services, insurance, advertising, interest expenses, etc.

# \$553,000

invested in various projects, including a bathhouse renovation, recreation hall covered porch additions, and an archery structure expansion at YMCA Camp Sargent, as well as new fitness equipment at the Westwood Park branch and new furniture and an aquatics fan at the Nashua branch.







## WHERE BELONGING BEGINS EARLY EDUCATION CENTER TRANSFORMATION

The YMCA of Greater Nashua is reimagining our Merrimack Early Education Child Care Center to create brighter, safer, and more inspiring spaces for children to learn, explore, and grow. This renovation enhances the environment for both children and staff—adding improved classrooms, rest areas, and teacher resources to support quality care and creative learning every day. Child care is the workforce behind the workforce, and through this investment, more than 700 parents and caregivers can work or pursue education with confidence, knowing their children are thriving at the Y.

Thank you to all the donors whose generosity helped to make this transformation possible.

### **\$250,000-\$500,000**

Anonymous  
Community Development  
Finance Authority  
Eastern Bank  
Eastern Bank Foundation  
Susan Fenske McDonough

### **\$100,000 - \$249,999**

State of New Hampshire  
Child Care Grants

### **\$25,000-\$99,000**

Bob & Andrea Arnesen  
Bar Harbor Bank & Trust  
Chapman Construction/  
Design Company  
Cogswell Benevolent Trust  
Samuel P. Hunt Foundation

### **\$10,000-\$24,999**

Eaton & Berube Insurance  
The McIninch Foundation  
Merrimack County Savings Bank  
Stibler Associates  
Turn Cycle Solutions, LLC

### **\$1,000-\$9,999**

Brayman, Houle, Keating  
& Albright PLLC  
City Wide Facility Solutions of NH  
Computer Hut of N.E. Inc  
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Paul & Jane Edmunds  
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### **\$100-\$999**

Earl & Marie Aldrich  
The Allaire Family  
Emily Andrukaitis  
Anonymous  
The Aragoso Family

Auntie Dev & Uncle Pat  
Auntie Heather & Uncle Frank  
Jovanna Beaulieu  
Marsha & John Bottino  
Christian Briggs  
Chloe & Family  
Amanda Colem  
The Demary Family  
Doreen  
The English Family  
Gamma & PA  
The Gass Family  
Gram & Pup  
The Hansen Family  
In Memory of Tucker White  
In Memory of Richard Langworthy  
In Memory of Susan Geraghty  
In Memory of Neenie  
MeMa & Pop Kling  
The Langworthy Family  
Don & Heidi Levi  
Linky's grandparents  
#LiveLikePat  
The Lopez Family  
Bill Lynch  
Thomas Lynch

The Manzo Family  
Joseph Manzoli  
Cynthia Mayo  
Patricia McDonald  
Paul & Liz McKenzie  
Kathy & Dan Messier  
The Mudgett Family  
The Nguyen Family  
Karen O'Neil-Roy  
Parker & Eli!  
The Partridge Family  
Ann Peters  
Ann & Michael Peters  
The Pieroni Family  
Marco & Cindy Plante  
Remi's grandparents  
The Sartor Family  
Lincoln Sherman & Family  
The Smith/White Family  
Steve  
Mary Troy  
The Vaillancourt Family  
Vicky & Jeff  
The Wallis Family

**\$947,000 in financial assistance  
was provided to ensure the Y is  
accessible to all.**



## 2024-2025 Contributors

Thank you to the fiscal year 2024-25 donors who contributed funds to benefit the Y CARES Financial Assistance Program and other services.

### THE THURBER SOCIETY \$10,000+

Ann & James Conway  
The Bowler/Shepard Family  
DCU for Kids  
The DICK'S Sporting Goods  
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Gate City Casino  
L.L. Bean  
Neil Hussey  
New Hampshire Charitable  
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NewPower Worldwide LLC  
Phi Gamma Delta of MIT Fund  
Rob & Bethany Prunier  
STORM Swim Team

### THE SHAW SOCIETY \$5,000-\$9,999

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Triangle Credit Union  
The Gary Wingate Family

### THE SARGENT SOCIETY \$2,500-\$4,999

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Stryker Corporation Matching  
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Kenneth Weintraub  
Wesley's Way Foundation

### THE LAROCQUE SOCIETY \$1,000-\$2,499

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Ameriprise Financial Services Inc.  
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Bob & Andrea Arnesen  
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### PATRON \$250-\$999

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Tracy & Morgan Hollis  
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Malea Hughes  
In Memory of Kathleen Lopez  
Tiffany Joslin

Hilary & Bob Keating  
Brian Keavey  
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Rob & Joanne Reeves & Family  
Neil Rogers  
The Rubino Family  
Tim Sagar  
Jack Schroeder  
Alexandra Shaplyko  
Jamie Shone  
SkyTerra  
The Follender Family  
Beri Songna  
The Spearman Family  
Marc & Jennifer Squires  
Robert Streed  
Christie Taylor  
United Way of Greater Nashua  
Laura Uribe  
Vista Construction  
We Share a Common Thread  
Foundation, Inc.  
The Wifholm Family  
William Willcox  
Nancy & Dave Williams  
The Witmer/Kepnes Clan



## **CENTURY CLUB \$100-\$249**

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Anna Clara Augusto  
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Denis Bonaccolta  
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Mekenna Troiani  
Izora Valihura  
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The Weafer Family  
Daniel Weeks  
Scott Wifholm  
Don Winn  
Kathy Wolfson

## **Grant Funders**

Thank you to these generous donors for entrusting the Y with your dollars to invest in making good happen! With the support of these businesses, foundations, individuals, and government grants toward specific initiatives, the YMCA of Greater Nashua was able to:

- Underwrite dozens of free community health screenings and workshops.
- Operate our free 25-day Power Scholars Academy to help 300+ Nashua students who are behind grade level catch up over the summer, rather than fall further behind, through an academic and enrichment program in partnership with the Nashua School District.
- Fund evidence-based chronic disease prevention and management programs to meet community needs for those with Parkinson's Disease, cancer, arthritis, pre-diabetes, obesity and more.
- Support operating costs of the Merrimack Y's Early Education Center, the Nashua Y Creation Station Preschool, and four Y Academy after school childcare sites without passing increased costs along to childcare families.
- Purchase new sports equipment for the benefit of our members and program participants.
- Provide scholarships for one-on-one Adaptive Swim lessons for youth with Autism, ADHD and physical differences at the same cost as typical group swim lessons.

## **YOUTH DEVELOPMENT GRANT SUPPORTERS:**

Bangor Savings Bank Foundation  
BAE Systems  
Children's Literacy Foundation  
City of Nashua Citizens Advisory Commission  
Conway Arena  
DCU for Kids  
Fidelity Investments  
Bob & Deb Goldstein  
James and Fernande Kelly Trust,  
administered by TD Bank, N.A., Trustee  
Merrimack County Savings Bank Foundation  
National Summer Learning Association  
New Hampshire Charitable  
Foundation - Nashua Region  
New York Life  
Oleonda Jameson Trust  
Pool & Hot Tub Foundation  
Rotary Club of Nashua West

State of New Hampshire Child Care Grants  
TD Charitable Foundation  
United Way of Greater Nashua  
ACERT Program

## **HEALTHY LIVING GRANT SUPPORTERS:**

American Diabetes Association  
Ann De Nicola Trust,  
Citizens Bank, N.A., Trustee  
Bank of America Charitable Foundation  
Dartmouth Health  
Ella F. Anderson Trust,  
BNY Mellon, N.A., Trustee  
Getz Charitable Trust,  
Citizens Bank, N.A., Trustee  
JSI Research & Training Institute, Inc.  
M & T Charitable Foundation  
New Hampshire Department of Health &  
Human Services - Chronic Disease Programs

Nutt Hospital Association  
The Jenny Fund  
Southern New Hampshire Health  
YMCA of the USA Strategic Initiatives Fund

## **CAPITAL IMPROVEMENT SUPPORTERS:**

Significant improvements were made to YMCA Camp Sargent for its 101st season thanks to gifts from an anonymous foundation, and from the YMCA of Greater Nashua's savings. These updates include a completely renovating the waterfront bathhouse, building a new covered front porch on the recreation hall, and adding a sunshade to expand the workspace campers have for creating in the Shaw Arts & Crafts Cabin.

**In fiscal year 2024–25, more than 300 volunteers gave more than 4,900 hours of their time to support the efforts of the YMCA and our members. A total of \$232,056 in value.**



## Community Partners

The YMCA of Greater Nashua is proud to partner with the following organizations to strengthen our community:

21st Century Extended Day Program	Foundation Medical Partners	MA State Alliance of YMCAs	Project Happy
AARP	Franklin Savings Bank	March of Dimes	ReGenerative Roots Association
ABA Centers	Friends of Aine	Marguerite's Place	Rivier University
Academy for Science and Design	Front Door Agency	Meals on Wheels	Rotary Club of Merrimack
ACERT	Gate City Bike Co-Op	Merrimack Police Department	Rotary Club of Nashua
Adult Learning Center	Gate City Charter Schools	Merrimack Premium Outlets	Rotary Club of Nashua West
Alzheimer's Association	for the Arts	Merrimack Public Library	Salvation Army
American Red Cross	Gateways	Merrimack School District	Sheraton
Arlington St Community Center	Girl Scouts	Merrimack Valley YMCA	Silverstone Living
Autism Resource Center	Girls, Inc.	MicroSociety Academy	Souhegan School District
BAE	Granite Edvance	Charter School	Southern District YMCA
Bar Harbor Bank	Granite State Children's Alliance	Moving Kids Forward Therapy	Southern New Hampshire
Bishop Guertin High School	Granite State Independent Living	My Social Sports	Health Systems
Boy Scouts	Granite United Way	NAMI	Southern New Hampshire
Boys & Girls Club of Greater Nashua	Granite YMCA	Nashua Cadets	Weight Management
Bridges Domestic and Sexual	Greater Lowell YMCA	Nashua Community College	Special Olympics
Violence Support	Greater Merrimack Souhegan	Nashua Community Music School	St. Christopher School
CASA	Valley Chamber of Commerce	Nashua Fire Department	St. Joseph Hospital
Children's Literacy Foundation	Greater Nashua Chamber	Nashua Library	Sterling Dental
Chinese Cultural Society of	of Commerce	Nashua Multicultural Festival	The Cultural Connections Committee
Greater Nashua	Greater Nashua Mental Health	Nashua Parks and Recreation	Thomas More College
Choose Love	Greater Nashua Public Health	Nashua Police Department	Town of Merrimack
City of Nashua	and Community Services	Nashua Prevention Coalition	Triangle Credit Union
Clearway High School	Grow Nashua	Nashua School District	Tropical Smoothie
Community Partners for Change	Hammar Art Studio	Nashua Senior Center	UKG
Courville Nursing Home	Hampton Inn	Nashua Soup Kitchen & Shelter	Unchartered
CPTC	Hannaford Supermarket	New Hampshire Cancer Collaborative	United Way of Greater Nashua
CSA FarmShare	Harbor Care	New Hampshire Charitable Foundation	Vet Center
Cynthia Day Program	Heartfulness	New Hampshire State Alliance	Veteran's Administration
Dartmouth-Hitchcock	Hillsborough County Gleaners	of YMCAs	Veterans of Foreign War Auxiliary
DCYF Southern District	Home Health Hospice	One Greater Nashua	Waypoint
Determined Martial Arts	Humane Society for Nashua	Opportunity Networks	Welcoming NH
Easter Seals	Hunt Community	Owl Hive	Who We Play For
Elbit	Keller Williams	Parkinson's Foundation	Woodpecker Insurance
End 68 Hours of Hunger	Keystone Hall	Partnerships for Successful Living	Youthwell
Enterprise Bank	Knights of Columbus	PetSmart	YMCA Alliance of Northern
Fairview Nursing Home	Lamprey Health	Photovoice	New England
Family Promise	Laurel Place	PLUS Company	
Fidelity Investments	Less Leg More Heart	Police Athletic League (PAL)	
FIRST® Robotics	Lions Club	Pratt Homes	

The YMCA of Greater Nashua strives for accuracy in our donor and partnership lists. If you are aware of an error or omission, please let us know by calling the Development Office at 603.598.1533. Please note that some categories include anonymous donors. Thank you.



# YMCA HERITAGE CLUB

Supporting the Y for generations to come.



The YMCA's Heritage Club was established to recognize a special group of men and women who believe in the mission and traditions of the YMCA. These individuals want to ensure that the Y's valuable life changing programs and services will be continued for generations to come.

Membership in the Heritage Club is offered to those who endow the YMCA of Greater Nashua as the result of thoughtful estate planning through bequests, annuities or

charitable remainder trusts, pooled income funds and life insurance, or through lifetime gifts including cash, appreciated securities and real estate.

There are a number of different ways in which you can provide for the YMCA of Greater Nashua's future while, in some cases, providing a lifetime income for you and your spouse.

If you have included the YMCA of Greater Nashua in your estate planning, you are eligible for membership in the Heritage Club. For more information, please contact Roree M. Warnke, Chief Development Officer, at 603.689.2440.

## Heritage Club Members:

Mary E. Alley\*  
Anonymous  
Bob & Andrea Arnesen  
Helen M. Balcom\*  
Eliza A. Baldwin\*  
Elizabeth Bennett\*  
John & Carole\* Callahan  
Mabel Chandler\*  
Sarah H. Chandler\*  
Ralph & Elizabeth Covino  
Dorothy Thurber Cox\* &  
(Frederick) William Cox\*  
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Gail A. Lucey  
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Jen & Per Melker  
Ethel O. Millen\*  
James Moore\*  
Charles C. Morgan\*  
Carrie E. Norris\*  
Mary P. Nutt\*  
M.S.F. Ober\*  
Daniel & Lori Ohlson  
Richard\* & Florelle Olson  
Seward M. Patterson\*  
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Toni Peabody\*  
Amy Petrie  
Phi Gamma Delta of MIT Fund

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Raytheon Technologies  
George A. Rollins\*  
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Mrs. Eaton D. Sargent\*  
Fannie W. Sawyer\*  
Mary Scripture\*  
Frederic\* & Muriel Shaw\*  
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Albert Shedd\*  
Max Silber\*  
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Thomas & Diane Tessier  
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Roger J. Tuttle  
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Tim & Karen Vadney  
General Elbert Wheeler\*  
Andrew & Kristen Whigham  
Eliza M. White\*  
Spencer Whiting &  
Snowden McFall  
S. A. Williams\*  
Agnes M. Wood\*

\*Deceased

Updated 11/1/25

## OUR MISSION

To instill values and provide opportunities for lifelong personal growth and the development of a healthy spirit, mind, and body for all.

## OUR CAUSE

We know that lasting personal social change comes about when we all work together. That's why at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

## OUR FOCUS

- **Youth Development:** Nurturing the potential of every child and teen.
- **Healthy Living:** Improving the nation's health and well-being.
- **Social Responsibility:** Giving back and providing support to our neighbors

## OUR IMPACT

At the Y, we change lives. We provide a greater sense of achievement, belonging, meaning and inspiration in the more than 43,000 individuals we serve. Our impact is felt when a child learns a new skill, when a teen is inspired to greater heights, when a family spends more quality time together, when a cancer survivor feels stronger, and when a senior feels connected. More than that, the impact on those 43,000 individuals ripples throughout the community, making our community stronger.



#### YMCA OF GREATER NASHUA

Nashua YMCA  
24 Stadium Drive  
Nashua, NH 03062

Merrimack YMCA  
6 Henry Clay Drive  
Merrimack, NH 03054

Westwood Park YMCA  
90 Northwest Boulevard  
Nashua, NH 03063

YMCA Camp Sargent  
141 Camp Sargent Road  
Merrimack, NH 03054

[www.nmymca.org](http://www.nmymca.org)



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