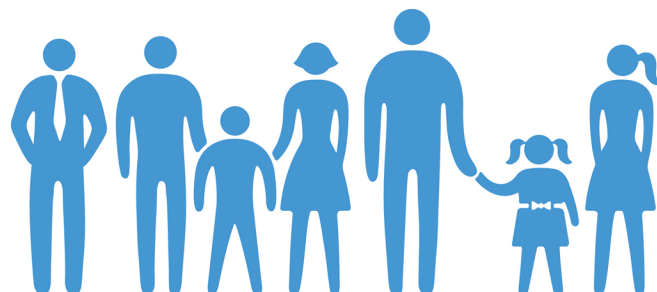




BE HAPPY BE HEALTHY BELONG



Choose your Membership Category

Category	Rate	Join Fee
Household Membership (Includes a household of up to 4 adults and unlimited <u>dependent</u> children)	\$129/month	\$100
2 Adult Family (Includes a household of 2 adults and unlimited <u>dependent</u> children)	\$89/month	\$100
1 Adult Family (Includes a household of 1 adult and unlimited <u>dependent</u> children)	\$69/month	\$100
Adult (30-64)	\$49/month	\$100
Couple (30-64) (Includes a household of 2 adults)	\$76/month	\$100
Senior (65+)	\$44/month	\$100
Senior Couple (65+) (Includes a household of 2 senior adults)	\$65/month	\$100
Virtual Only (Includes access to our Virtual Y- online only!)	\$24/month	\$0
Young Adult (18-29)	\$29/month	\$50
Teen (13-17)	\$19/month	\$25
Youth (6-12)	\$17/month	\$25

Optional Membership Add-Ons

Add Locker Rental (Merrimack YMCA only)

\$15/month

Additional Youth Member

\$15/month

Add Charitable Gift

Any Amount

Additional Teen Member

\$19/month

Financial Assistance

Financial assistance is available for any of the membership categories listed above. Talk to a member of our Welcome Center staff for more information. Look for this "hand in hand" icon throughout our program guide, it signifies all the programs supported by Y Cares and our Annual Campaign.



IT PAYS TO BE A MEMBER

ALWAYS WELCOME IN EVERY COMMUNITY

Enjoy full access membership at three locations!

NASHUA YMCA

24 Stadium Drive, Nashua, NH
603.882.2011

MERRIMACK YMCA

6 Henry Clay Drive, Merrimack, NH
603.881.7778

WESTWOOD PARK YMCA

90 Northwest Blvd. Nashua, NH
603.402.2258

CAMP SARGENT – DAY CAMP

141 Camp Sargent Rd. Merrimack, NH
603.880.4845 (Seasonal)

NATIONWIDE MEMBERSHIP

Visit participating Y's across the country with Nationwide Membership. Reach your health and wellness goals wherever you live, work or travel.

Learn more at nymymca.org/membership

FOR YOUR PERSONAL SUCCESS

- Up to 2 FREE sessions with wellness staff in our custom SMART START program – your kick start to success.
- UNLIMITED group exercise classes, with over 100+ scheduled classes each week, including group cycling, Zumba®, Pilates, Yoga, Dance and more, featuring regular and VIRTUAL OPTIONS
- FREE lap swimming and water exercise classes
- Access to indoor tracks in each location
- Ask us about insurance benefit programs or reimbursement options!
- Member Referral benefits, earn one month free when you refer a new member!

FOR YOUR STRONGER FAMILY

All of the benefits included above, plus:

- FREE Kid Stop (drop-in babysitting) with family memberships
- FREE family swim, gym & turf time
- FREE monthly family events & Friday Night Live
- Early access program registration and members only discounts!
- Financial assistance available for Membership, Childcare, Camp and other programs.

SATISFACTION GUARANTEE

Our goal is to provide you with great service, facilities programs and caring environment.

If within the first 30 days of your Y experience, you are not satisfied and no longer want to be a member, we will refund any money paid towards that membership.



GET STARTED! EXPLORE CLASSES AND PROGRAMS

Open the camera app on your smart phone. Hold over QR Code to open web browser & explore YMCA programs!



Military Outreach Initiative:

Funded by the DoD, this initiative provides family or individual memberships to eligible military personnel. Speak to a branch Welcome Center Director for more info.

YMCA OF GREATER NASHUA

NASHUA Y 603.882.2011 | MERRIMACK Y 603.881.7778 | WESTWOOD PARK Y 603.402.2258