



MERRIMACK POOL SCHEDULE

TERM D—MONDAY, MARCH 4-SUNDAY, APRIL 21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim (#) denotes the number of lap lanes likely to be available.	5:00-5:30a (5) 5:30-7:00a (2) 7:00-8:30a (5) 8:30-9:15a (2) 9:15-11:30a (3) 11:30-1:00p (2) 1:00-4:00p (3) 4:00-6:00p (3) 6:00-6:30p (2) 6:30-8:00p (1) 8:00-9:30p (3)	5:00-5:30a (5) 5:30-6:30a (2) 6:30-9:00a (5) 9:00-4:00p (3) 4:00p-5:30p (1) 5:30-6:15p (0) 6:15-7:15p (1) 7:15-9:30p (3)	5:00-5:30a (5) 5:30-7:00a (2) 7:00-8:30a (5) 8:30-9:15a (1) 9:15-4:00p (3) 4:00-6:00p (0) 6:00-7:30p (1) 7:30-9:30 (3)	5:00-5:30a (5) 5:30-6:30a (2) 6:30-9:00a (5) 9:00-4:00p (3) 4:00-6:15 (0) 6:15-9:30p (3)	5:00-5:30a (5) 5:30-7:00a (2) 7:00-8:30a (5) 8:30-9:15a (1) 9:15-3:30p (3) 3:30-5:00p (1) 5:00-5:30p (0) 5:30-9:30p (3)	6:30-9:00a (1) 9:00-1:00p(2) 1:00p-6:30p (3)	8:00-9:00a (5) 9:00-11:45a(2) 11:45-5:30p (3)
Recreational Swim	1:00-4:00p (2) 8:00-9:30p (2)	9:00-4:00p (2) 7:15-9:30p (2)	9:15-4:00p (2) 7:30-9:30p (2)	9:00-4:00p (2) 6:15-9:30p (2)	9:15-3:30p (2) 7:30-9:30p (2)	1:00-6:30p (2)	11:45-5:30p (2)
Water Exercise	<u>Aqua Fit</u> 8:30-9:15a (3) w/ Aga <u>Cardio H2O</u> 11:30-12:15 (3) w/ Jess S <u>Arthritis Foundation</u> 12:15-1:00p (3) w/ Jess S		<u>Aqua Fit</u> 8:30-9:15a (3) w/ Nancy		<u>Aqua Fit</u> 8:30-9:15a (3) w/ Nancy		
STORM Swim Team	6:00-6:30p (3) 6:30-8:00p (4)	5:30-6:30a (3) 4:00-5:30p (2) 5:30-6:15p (3) 6:15-6:45p (4) 6:45-7:15p (4)	4:00-6:30p (3) 6:30-7:30p (4)	5:30-6:30a (3) 4:00-6:15p (3)	3:30-5:30p (4)	6:30-9:00a (4)	
Masters Swim Team	5:30-7:00a (3)		5:30-7:00a (3)		5:30-7:00a (3)		
Swim Lessons	4:00-5:55p (2)	4:00-6:10p (2)	4:00-5:55p (2)	4:00-6:10p (2)	5:00-6:50p (2)	9:00-1:00p (3)	9:00-11:45a (3)