



SESSION D - NASHUA GYM SCHEDULE

Monday March 5th to Sunday April 22nd, 2018

Updated 4/13/18

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday										
	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back									
6:00am																							
6:15am																							
6:30am																							
6:45am																							
7:00am	Paws									Paws				FACILITY CLOSED									
7:15am																							
7:30am																							
7:45am																							
8:00am										Trail Mix													
8:15am															Badminton								
8:30am																							
8:45am																							
9:00am																							
9:15am										Bootcamp													
9:30am			Cardio Kickboxing																				
9:45am																							
10:00am			Express Abs	My Lil' Rookie & Me					Pre-K Basketball		Bootcamp												
10:15am	Silver Sneakers				Silver Sneakers					Silver Sneakers													
10:30am																							
10:45am																							
11:00am									Pre-K Soccer														
11:15am																							
11:30am														Open Shoot									
11:45am																							
12:00pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball														
12:15pm																							
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4:30pm		School's Out		School's Out																			
4:45pm																							
5:00pm																							
5:15pm																							
5:30pm	Youth B-Ball Beginners (ages 6-9)																						
5:45pm																							
6:00pm																							
6:15pm	Youth B-Ball Intermediate (ages 9-12)																						
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Saturdays - All other times is open court. Birthday parties available to be booked.

Sundays - All other times is open court. Birthday parties available to be

FACILITY CLOSED

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