



APRIL BREAK - NASHUA GYM SCHEDULE

Monday April 23rd to Sunday April 29th, 2018

Updated 4/17/18

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back								
6:00am																						
6:15am																						
6:30am																						
6:45am																						
7:00am	Paws								Paws					FACILITY CLOSED								
7:15am																						
7:30am																						
7:45am																						
8:00am										Trail Mix												
8:15am																						
8:30am																						
8:45am																						
9:00am																						
9:15am																						
9:30am		Kidstop / School's Out	Cardio Kickboxing			Kidstop / School's Out		Kidstop / School's Out	Bootcamp				Badminton									
9:45am																						
10:00am																						
10:15am				Kidstop / School's Out		Silver Sneakers		Kidstop / School's Out	Silver Sneakers													
10:30am	Silver Sneakers																					
10:45am																						
11:00am																						
11:15am		Kidstop / School's Out				Kidstop / School's Out		Kidstop / School's Out														
11:30am																						
11:45am																						
12:00pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball													
12:15pm																						
12:30pm																						
12:45pm																						
1:00pm																						
1:15pm																						
1:30pm																						
1:45pm																						
2:00pm		School's Out		School's Out		School's Out		School's Out		School's Out												
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5:30pm						Prescribe the Y Court 2 (Court 1 available)																
5:45pm																						
6:00pm																						
6:15pm																						
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6:45pm																						
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9:30pm																						
9:45pm	FACILITY CLOSED																					
10:00pm																						

FACILITY CLOSED

Trail Mix

Badminton

Open Shoot

Pick Up

Saturdays - All other times is open court. Birthday parties available to be booked.

Sundays - All other times is open court. Birthday parties available to be booked.

FACILITY CLOSED

FACILITY CLOSED

FACILITY CLOSED

Volleyball League

Badminton

Badminton

Game On! (ages 6-9)

Game On! (ages 9-12)