



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MERRIMACK POOL SCHEDULE

TERM C - MONDAY JANUARY 2ND-SUNDAY FEBRUARY 26TH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim (#) denotes the number of lap lanes likely to be available.	5:30-8:30a (5) 8:30-11:30a (2) 11:30a-5:15p (3) 5:15-6:05p (1) 6:05-6:50p (0) 6:50-7:30p (1) 7:30-7:45p (5) 7:45-8:45p (1) 8:45-9:30p (3)	5:30-7:30a (2) 7:30-9:00a (5) 9:00-2:45p (3) 2:45-4:00p (1) 4:00-5:30p (3) 5:30-6:10p (0) 7:00-8:30p (0) 8:30-9:30p (3)	5:30-8:30a (5) 8:30-10:30a (2) 10:30a-4:15p (3) 4:15-6:05p (1) 6:05-6:50p (0) 6:50-7:30p (1) 7:30-7:45p (5) 7:45-8:45p (1) 8:45-9:30p (3)	5:30-6:30a (2) 6:30-9:00a (5) 9:00-2:45p (3) 2:45-4:00p (1) 4:00-5:30p (3) 5:30-6:10p (0) 6:10-6:45p (2) 6:45-8:30p (0) 8:30-9:30 (3)	5:30-8:30a (5) 8:30-11:30a (2) 11:30-12:15p (3) 12:15-1:15p (1) 1:15-3:30p (3) 3:30-5:30p (1) 5:30-9:30p (3)	6:30-9:00a(0) 9:00-10:10a (2) 10:10a-6:30p (3)	8:00-9:00a (5) 9:00-9:50a (3) 9:50-11:00a (2) 11:00-12:30p (3) 12:30-2:00p (2) 2:00-5:30p (3)
Recreational Swim	11:30a-5:15p (2) 8:45-9:30p (2)	11:30a-2:45p (2) 8:30-9:30p (2)	11:30a-4:15p (2) 8:45-9:30p (2)	1:30-2:45p (2) 8:30-9:30p (2)	1:10-3:30p (2) 7:30-9:30p (2)	12:05-6:30p (2)	2:00-5:30p (2)
Water Exercise	Aqua Fit 8:30-9:15a (3) Deep Water 9:45-10:30a (3) Aqua Zumba 10:45-11:30a (3)	Fitness Swim 6:30-7:30a (3) Y's Way 7-7:45p (1)	Aqua Fit 8:30-9:15a (3) Deep Water 9:45-10:30a (3)	Y's Way 6:45-7:30p (1)	Aqua Fit 8:30-9:15a (3) Deep Water 9:45-10:30a (3) Jammin' with Jess 10:45-11:30a (3) SETA 12:15-1:15p (4)	N/A	N/A

Please note pool schedule may be adjusted slightly to best serve our members. Please understand there may be an approximate 5 minute variance in lap lane availability in order to move lanes.