



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MERRIMACK POOL SCHEDULE

SESSION F-A BREAK WEEK: MONDAY AUGUST 29TH-SUNDAY SEPTEMBER 4TH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim (#) denotes the number of lap lanes likely to be available.	5:30a-8:30a (5) 8:30a-11:30a (2) 11:30a-4:30p (3) 4:30p-5:30p (2) 5:30p-9:30p (3)	5:30a-9:00a (5) 9:00a-9:30p (3)	5:30a-8:15a (5) 8:15a-11:30a (2) 11:30a-4:15p (3) 4:15p-5:30p (2) 5:30p-9:30p (3)	5:30a-9:00a (5) 9:00a-9:30p (3)	5:30a-8:15a (5) 8:15a-11:30a (2) 11:30a-9:30p (3)	6:30a-9:00a (5) 9:00a-6:30p(3)	8:00a-5:30p(3)
Recreational Swim	11:30a-4:30p (2) 5:30p-9:30p (2)	9:00a-7:00p (2) 7:45p-9:30p (2)	11:30a-4:15p (2) 5:30p-9:30p (2)	9:00a-6:45p (2) 7:30p-9:30p (2)	11:30a-9:30p (2)	9:00a-6:30p (2)	8:00a-5:30(2)
STORM Swim Team	4:30p-5:30p (3)	N/A	4:30p-5:30p (3)	N/A	N/A	N/A	N/A
Water Exercise	Aqua Fit 8:30a-9:15a (3) Deep Water 9:45a-10:30a (3) Aqua Zumba 10:45a-11:30a (3)	Y's Way 7:00p-7:45p (2)	Aqua Fit 8:30a-9:15a (3) Deep Water 9:45a-10:30a (3) Aqua Zumba 10:45a-11:30a (3)	Y's Way 6:45p-7:30p (2)	Aqua Fit 8:30a-9:15a (3) Deep Water 9:45a-10:30a (3) Jammin' with Jess 10:45a-11:30a (3)	N/A	N/A

Please note: The Merrimack pool will be **closed** for annual cleaning Monday September 5th-Sunday September 11th. The pool will reopen for use Monday September 12th.

Term A for Merrimack begins Monday September 12th and goes until Sunday October 30th.

YMCA of Greater Nashua– Merrimack Branch
6 Henry Clay Drive, Merrimack, NH 03054
P 603 881 7778 www.nymca.org

Updated 8.26.2016